

# Resultat Grevskapsloppet 2013 lördagen den 6/7, Visingsö

solligt, 22\* varmt, banorna varierar med asfalt, gräs och grusväg, Arrangör Visingsö AIS

## 10km dam

Plats	Start nr	Namn	Förening/Ort/Land	Tid	Tid Efter	Pace
1	108	Camilla Frejd	SOK Knallen	00:38:15		03:49
2	107	Frida Södermark	golF Norrköping	00:39:47	00:01:32	03:58
3	274	Stina Petersson	IK Hakarpspojarna	00:40:38	00:02:22	04:03
4	278	Henrietta Thorén	Linköpings Löparklubb	00:42:03	00:03:48	04:12
5	269	Jenny Nordén	Jönköpings OK	00:45:36	00:07:21	04:33
6	254	Helena Enstrand	IK Jogg	00:49:27	00:11:12	04:56

## 10km herr

Plats	Start nr	Namn	Förening/Ort/Land	Tid	Tid Efter	Pace
1	103	Anders Kleist	Ik Akele	00:30:00		03:00
2	99	Erik Martinsson	Ik Akele	00:32:04	00:02:04	03:12
3	301	Daniel Nilsson	LSSK	00:33:06	00:03:06	03:18
4	283	Björn Norén	IK Akele	00:33:11	00:03:10	03:19
5	282	Jonas Olsson	IK Akele	00:33:11	00:03:10	03:19
6	102	Peter Aronsson	IK Akele	00:33:37	00:03:36	03:21
7	100	Peter Hall	IK Akele	00:33:49	00:03:48	03:22
8	104	Peter Eriksson	Ik Akele	00:34:20	00:04:20	03:26
9	304	Fredrik Bolmstam	Apladalens Löparklubb	00:34:24	00:04:23	03:26
10	176	Niklas Wikner	Tranås AIF	00:34:52	00:04:51	03:29
11	300	Robert Davidsson	Ölmstad IS	00:35:19	00:05:18	03:31
12	263	Adam Sernheim	IK Hakarpspojarna	00:35:56	00:05:55	03:35
13	288	Oskar Åhren	Motala AIF	00:36:34	00:06:34	03:39
14	285	Per Lantz	IK Hakarpspojarna	00:36:37	00:06:37	03:39
15	135	Björn Nyberg	IK Hakarpspojarna	00:37:08	00:07:08	03:42
16	147	Håkan Höglund	IK Hakarpspojarna	00:37:38	00:07:38	03:45
17	97	Daniel Roxvret	Ik Akele	00:37:52	00:07:51	03:47
18	98	Björn Clasén	IK Akele	00:37:59	00:07:59	03:47
19	101	Amir Putrus	IK Akele	00:38:00	00:07:59	03:48
20	305	Stefan Oskarsson	IK Akele	00:38:22	00:08:22	03:50
21	258	Åke Carlsson	Jönköpings OK	00:38:28	00:08:28	03:50
22	168	Alexander Åström-Karlsson	Running Sweden	00:39:08	00:09:07	03:54
23	299	Peter Nilsson	Ölmstad IS	00:41:14	00:11:14	04:07
24	106	Peter westlund	Ifk Bergvik	00:41:17	00:11:17	04:07
25	289	Jonas Källander	IK Akele	00:41:25	00:11:24	04:08
26	96	Thomas Didriksson	Danderyds sjukhus	00:41:47	00:11:47	04:10
27	143	Peter Hallström	VAIS	00:44:40	00:14:39	04:28
28	146	Patrick Höglund	Team rökinge	00:46:40	00:16:39	04:40
29	294	Markus Davelid	IK Vista	00:47:47	00:17:46	04:46
30	174	Nicklas Janzon	Gränna Eltjänst	00:48:00	00:17:59	04:48
31	175	Kenneth Ådebrink	Motsol	00:48:36	00:18:36	04:51
32	141	Bengt Cronkvist	Allingsås	00:52:48	00:22:47	05:16

## 10km motion

Plats	Start nr	Namn	Förening/Ort/Land	Tid	Tid Efter	Pace
1	295	Jonas Lundgren	Linköpings OK	00:33:35		03:21
2	293	Pär Sundkvist	Jönköpings OK	00:36:51	00:03:16	03:41
3	75	Martin Jarl	Huskvarna	00:37:32	00:03:57	03:45
4	28	Stefan Ragnarsson		00:37:54	00:04:19	03:47
5	24	Ingvar Åkesson	IkHakarpspojarna	00:38:46	00:05:11	03:52
6	88	Torbjörn Lingemerth	Vetlanda	00:39:08	00:05:33	03:54
7	73	Jonas Boström	Habo	00:39:26	00:05:51	03:56
8	58	Carlos Rawstam		00:39:50	00:06:15	03:59
9	303	Martin Svensson	Göteborg	00:40:33	00:06:58	04:03

10	158	Oscar Alavik	Tottenham Hotspurs	00:40:52	00:07:17	04:05
11	287	Per Elgesten	Tranås	00:41:01	00:07:26	04:06
12	302	Anders Svensson	Vais	00:41:24	00:07:49	04:08
13	53	Magnus thörewik	Hovslätt	00:41:35	00:08:00	04:09
14	31	Mikael Andersson	Team nässjö glasmästeri	00:41:51	00:08:16	04:11
15	36	Henrik Hansen	Na	00:41:55	00:08:20	04:11
16	82	Jan Thorman	Jönköpings OK	00:42:03	00:08:28	04:12
17	170	Francesco Regali	Parvata	00:42:14	00:08:39	04:13
18	277	Robert Svanberg	Habo	00:42:14	00:08:39	04:13
19	55	Joe Walfridsson	Nässjö	00:42:35	00:09:00	04:15
20	61	Rolf Dahlgvist	Habo	00:42:39	00:09:04	04:15
21	149	Pierre Sundin	Vrixlösa 27	00:42:45	00:09:10	04:16
22	90	Tobias Johansson	IF Hallby	00:42:59	00:09:24	04:17
23	252	Thomas Stüker	Tranås	00:43:17	00:09:41	04:19
24	72	Sewerin Gustafsson	Värnamo	00:44:00	00:10:25	04:24
25	51	Anders Thulin		00:44:16	00:10:41	04:25
26	267	Torbjörn Eden	Tranås	00:44:28	00:10:53	04:26
27	284	Henrik Johansson	Gränna AIS	00:45:22	00:11:47	04:32
28	77	Ulf Brengdahl		00:45:31	00:11:56	04:33
29	262	Anders Andersson	Huskvarna	00:45:34	00:11:59	04:33
30	172	Johan Juvén		00:45:38	00:12:03	04:33
31	33	Magnus Elofsson	Gränna Eltjänst	00:45:39	00:12:04	04:33
32	59	Daniel Hammarlund		00:45:47	00:12:12	04:34
33	281	Roger Nordström	Gränna AIS	00:45:53	00:12:18	04:35
34	29	Magnus Juvén	Ok tranan	00:45:55	00:12:20	04:35
34	86	Hannes Carlborg	Västerhaninge	00:45:55	00:12:20	04:35
36	257	Tony Ståhl	Tranås	00:46:11	00:12:35	04:37
37	43	Stefan Wisborg	Team rökinge	00:46:40	00:13:04	04:40
38	255	Lennart Arvidsson	Gällstad	00:47:31	00:13:56	04:45
39	74	Sanna Torén Björng		00:47:34	00:13:58	04:45
40	71	Andreas Fältskog	VAIS / Camp Visingsö	00:47:34	00:13:59	04:45
41	160	Anna Blombäck		00:47:39	00:14:04	04:45
42	92	Christine Jerkinger	Friskis&Svettis	00:47:43	00:14:08	04:46
43	307	Roger Andersson	Södertälje IK Stern	00:47:51	00:14:16	04:47
44	25	Louise Rundkvist	I Hakarpspojarna	00:47:53	00:14:18	04:47
45	136	Henric Strandberg	VAIS	00:48:05	00:14:29	04:48
46	94	Erica Carlsson	Habo	00:48:27	00:14:52	04:50
47	87	Thomas Billesand	Mullsjö SOK	00:48:29	00:14:54	04:50
48	27	Daniel Persson	Habo	00:48:51	00:15:16	04:53
49	155	Gunnar Stomrud		00:49:15	00:15:39	04:55
50	60	Lars Gustafsson	VAis	00:49:20	00:15:45	04:56
51	144	Max Berlin		00:49:26	00:15:51	04:56
52	256	Nina Ståhl	Tranås	00:49:35	00:15:59	04:57
53	62	Anders Andersson	Hisings Backa	00:49:36	00:16:01	04:57
54	161	Rikard Florin	BSK	00:49:59	00:16:24	04:59
55	66	Therese Åström	Ölmstad	00:50:26	00:16:51	05:02
56	35	Lotta Stenhård	Kärna	00:50:49	00:17:14	05:04
57	39	Karls Stenhård	Kärna	00:50:49	00:17:14	05:04
58	162	Emilia Samuelsson	VAIS	00:50:50	00:17:15	05:05
59	279	Nicholas Barnett	Motala	00:50:57	00:17:22	05:05
60	38	Gustav Arnrell	RudenstamsBär&frukt	00:51:09	00:17:34	05:06
61	253	Christian Stüker	Tranås	00:51:17	00:17:42	05:07
62	84	Wide Eskilsson	Vais	00:51:22	00:17:47	05:08
63	81	Helena Simmerborn	VAIS	00:51:29	00:17:54	05:08
64	54	Carola Walfridsson	Nässjö	00:51:43	00:18:08	05:10
65	76	Alexandra Brengdahl		00:51:54	00:18:19	05:11

66	30	Fredrik Joneman		00:52:18	00:18:43	05:13
67	93	Therese Jerking		00:52:24	00:18:48	05:14
68	298	Emmy Osbeck	Tranås	00:52:39	00:19:04	05:15
69	266	Anna-Karin Eden	Stockholm	00:53:11	00:19:36	05:19
70	80	Jörgen Isgaard	Göteborg	00:53:16	00:19:40	05:19
71	69	Henrik Johansson	Bor	00:53:38	00:20:03	05:21
72	63	Göran Hansson	Hisings Backa	00:53:41	00:20:06	05:22
73	45	Jenny Axelsson		00:53:42	00:20:07	05:22
74	85	Martin Alkemark	Skillingaryd	00:53:52	00:20:17	05:23
75	57	Karin Linderyd		00:53:57	00:20:22	05:23
76	79	Henrik Larsen		00:54:05	00:20:30	05:24
77	26	Kim Hansen	VAIS	00:54:23	00:20:48	05:26
78	65	Maria Larsson	Varberg	00:54:37	00:21:02	05:27
79	41	Karin Kjällbring		00:55:13	00:21:38	05:31
80	67	Ragnar Alkemark	Skillingaryd	00:55:27	00:21:52	05:32
81	70	Kentth Bergstrand		00:56:17	00:22:42	05:37
82	68	Erik Alexandersson	Bor	00:56:24	00:22:49	05:38
83	64	Anna Christoff		00:57:37	00:24:02	05:45
84	40	Lars Brändström	HFK	00:57:51	00:24:16	05:47
85	261	Magnus Daag	Huskvarna	00:58:20	00:24:45	05:50
86	296	Amanda Jacobsen	Mora	00:58:32	00:24:57	05:51
87	56	Lotta Gustafsson		01:02:10	00:28:35	06:13
88	47	Marianne Helgeroth	Symnastik	01:03:09	00:29:33	06:18
89	46	Jessica Kullenberg	Mullsjö	01:03:11	00:29:36	06:19
90	78	Joakim Hörsing		01:03:32	00:29:57	06:21
91	42	Dag ströman	Prästgårdens F	01:06:38	00:33:03	06:39
92	91	Stina Darelid		01:07:03	00:33:28	06:42
93	44	Kjersti Sundahl	Vais	01:24:25	00:50:50	08:26

### 3km ungdom

Plats	Start nr	Förnamn	Förening/Ort/Land	Tid	Tid Efter	Pace
1	121	Ludvis Lindén	Attunda Ok	00:15:22		05:07
2	128	Joakim Karlsson	Vais	00:15:42	00:00:19	05:14
3	132	Maja Åkesson	IK Hakarpspojarna	00:15:46	00:00:23	05:15
4	152	Simone Öhrn	IFK Växjö	00:15:59	00:00:36	05:19
5	276	Emilia Wikner	Tranås AIF	00:16:18	00:00:55	05:26
6	169	Linus Törnqvist	GAIS	00:16:19	00:00:56	05:26
7	134	Johanna Bulov	Hovslätts IK	00:16:20	00:00:58	05:26
8	122	Samuel Lindén	Attunda OK	00:17:15	00:01:52	05:45
9	166	Gunnar Samuelsson	VAIS	00:17:17	00:01:55	05:45
10	117	Elenore Åhström	Ölmstad	00:17:28	00:02:05	05:49
11	129	Olivia Hyltse		00:17:47	00:02:24	05:55
12	114	Rebecka Andersson	Hisingsbacka	00:17:53	00:02:31	05:57
13	113	Moa Sundahl	Vais	00:17:59	00:02:36	05:59
14	165	Gustav Jonson	Hv71	00:18:06	00:02:44	06:02
15	118	Linnea Åhström	Ölmstad	00:18:08	00:02:45	06:02
16	123	Matilda westlund	Jönköpings OK	00:18:30	00:03:07	06:10
17	167	Bertil Samuelsson	VAIS	00:18:57	00:03:34	06:19
18	164	Hilda Florin	BSK	00:19:05	00:03:43	06:21
19	120	Emilia Hörsing		00:19:11	00:03:48	06:23
20	163	Frida Florin	BSK	00:19:37	00:04:15	06:32
21	110	Tova Simmerborn	Vais	00:19:39	00:04:16	06:33
22	151	Edith Lövenvald	VAIS	00:20:08	00:04:45	06:42
23	112	Alva wetter	Vais	00:22:19	00:06:56	07:26
24	133	Ellen Törnquist	Gais	00:22:26	00:07:03	07:28
25	109	Charlotta Lindén	VAIS	00:23:02	00:07:39	07:40
26	124	Hanna Lindén	Vais	00:23:05	00:07:43	07:41

27	469	Agnes Gunnar		00:24:02	00:08:39	08:00
28	119	Oskar Hörsing		00:24:34	00:09:12	08:11
29	250	Emma Putrus	IK Akele	00:24:36	00:09:13	08:12
30	126	Arvin Lindén	Vais	00:24:41	00:09:18	08:13
31	127	Elias Lindén	Vais	00:24:43	00:09:20	08:14
32	131	Märta Thidell		00:26:20	00:10:58	08:46
33	153	Edith Stomrud		00:26:20	00:10:58	08:46
34	154	Märta Stomrud		00:28:26	00:13:03	09:28
35	115	Julia Hansson	Hisingsbacka	00:40:53	00:25:30	13:37
36	142	Alicia Wahlsten	Huskvarna Gymnastik	00:40:54	00:25:32	13:38

## 5km

Plats	Start nr	Förnamn	Förening/Ort/Land	Tid	Tid Efter	Pace
1	260	Rikard Alm	Taberg	00:17:14		03:26
2	268	Fredrik Georgsson	Jönköpings OK	00:18:49	00:01:34	03:45
3	9	Jonas Barsig	Berliner SC	00:19:22	00:02:07	03:52
4	286	Magnus Berg	Jönköping	00:19:27	00:02:12	03:53
5	272	Jari Petteri	Solberga	00:19:55	00:02:40	03:59
6	1	Andreas Linden	Vais	00:20:55	00:03:40	04:11
7	259	Leif Alm	Norrahammar	00:21:11	00:03:56	04:14
8	10	Adam Haglund	Vais	00:21:56	00:04:42	04:23
9	251	Leif Selvin	Forserum	00:22:08	00:04:53	04:25
10	280	Jerker Alexandersson	Linköping	00:24:11	00:06:56	04:50
11	21	Fredrik törnquist		00:24:29	00:07:14	04:53
12	6	Camilla Strand	GAIS	00:24:36	00:07:21	04:55
13	173	Magnus Strand	GAIS	00:24:37	00:07:22	04:55
14	292	Joakim Jauernig	Sävrarps Sprinters	00:24:41	00:07:26	04:56
15	2	Sara Sundberg		00:25:42	00:08:27	05:08
16	7	Helena Ask		00:25:58	00:08:43	05:11
17	264	Ulf Georgsson	Taberg	00:26:03	00:08:48	05:12
18	15	Kent Johansson	Jönköping	00:26:11	00:08:56	05:14
19	13	Lena Hjalmarsson	Trånghalla	00:26:35	00:09:20	05:19
20	270	Emma Brostgaard Claesson	Jönköping	00:26:37	00:09:23	05:19
21	265	Monika Freij	Sävrarps Sprinters	00:26:49	00:09:35	05:21
22	306	Linda Scott	Södertälje	00:26:51	00:09:36	05:22
23	3	Ulrika wisborg	Team Rökinge	00:26:55	00:09:41	05:23
24	271	Kerstin Krantz	Solberga	00:27:02	00:09:47	05:24
25	11	Arne Sundberg		00:27:07	00:09:52	05:25
26	291	Helene Hård	Sävrarps Sprinters	00:28:33	00:11:18	05:42
27	19	Hanna Conradsson	Ölmstad	00:29:16	00:12:02	05:51
28	18	Rikard Alkenmark	Habo	00:29:38	00:12:24	05:55
29	14	Helen Hempel	Jönköping	00:30:00	00:12:45	06:00
30	273	Bo Eriksson	Sävrarps Sprinters	00:30:56	00:13:41	06:11
31	290	Anna Eriksson	Sävrarps Sprinters	00:32:13	00:14:58	06:26
32	12	Karin Ingesson		00:34:08	00:16:53	06:49
33	17	Martiha Hörsing		00:35:17	00:18:02	07:03
34	297	Lisa Ullbrant	Linköping	00:36:16	00:19:01	07:15

## 5km motion

Plats	Start nr	Förnamn	Förening/Ort/Land	Tid	Tid Efter	Pace
1	148	Markus Johansson-Martis	Hv71	00:21:01		04:12
2	156	Peter Wisborg		00:25:44	00:04:43	05:08
3	159	Patrik Björklund		00:25:52	00:04:51	05:10
4	145	Lovisa Höglund	Team rökinge	00:26:54	00:05:52	05:22
5	140	Anette Bridhwall		00:27:01	00:06:00	05:24
6	171	Denny Nordberg	Parvata	00:28:11	00:07:09	05:38
7	157	Karin Wisborg		00:29:43	00:08:42	05:56

8	137	Johanna Holmberg	VAIS	00:31:37	00:10:35	06:19
9	139	Malin Nordell		00:31:55	00:10:54	06:23
10	138	Camilla Wetterlind	VAIS	00:33:49	00:12:48	06:45
11	37	Anna Werbitsch	Rudenstams bär o frukt	00:34:09	00:13:08	06:49

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