



OFFICIELLA RESULTAT

Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
10 km Dam Intervallstart klassisk stil						
	1	148	BACKLUND Alexandra	Mullsjö SOK	42:11.6	0.0
			M 1 - 20:28.31(1)			
	2	192	OSKARSSON Therése	Solvikingarna (Göteborg)	45:59.4	3:47.8
			M 1 - 22:23.50(2)			
	3	72	THÖRNVALL Helena	Klubblös	47:37.1	5:25.5
			M 1 - 22:35.63(3)			
	4	59	THOMSEN Maria	huskvarna	49:39.6	7:28.0
			M 1 - 24:01.06(4)			
	5	153	LJUNGDAHL Ulrika	Jönköping	50:54.0	8:42.4
			M 1 - 24:45.19(5)			
	6	162	JAKOBSSON sara	hv71	51:23.2	9:11.6
			M 1 - 25:08.00(10)			
	7	55	KOPP Maria	Klubblös	52:12.5	10:00.9
			M 1 - 25:07.38(9)			
	8	53	ROSELL Fredrika	JP	52:18.6	10:07.0
			M 1 - 24:50.37(6)			
	9	54	JANSSON Ida	JP	52:21.0	10:09.4
			M 1 - 24:50.81(7)			
	10	157	HULTBERG Louise	Ölmstad IS	52:33.8	10:22.2
			M 1 - 24:56.50(8)			
	11	167	ANDERSDOTTER Josephine	Klubblös	52:36.1	10:24.5
			M 1 - 25:41.37(13)			
	12	61	THULIN Jenny	huskvarna	52:40.3	10:28.7
			M 1 - 25:17.37(11)			
	13	188	JOHANSSON jennie	Jönköping	53:20.8	11:09.2
			M 1 - 26:29.44(17)			
	14	154	ANDERSSON Zandrah	Jönköping	53:29.0	11:17.4
			M 1 - 26:24.81(15)			
	15	193	LINDSTRÖM Annika	Klubblös	53:48.1	11:36.5
			M 1 - 25:25.19(12)			
	16	182	IRANI Anna	Jönköping	54:22.7	12:11.1
			M 1 - 26:26.00(16)			
	17	178	BERGGREN Carin	Jönköpings kommun Mo	55:44.6	13:33.0
			M 1 - 26:48.18(18)			
	18	160	LUNDIN Katrine	Klubblös	56:12.3	14:00.7
			M 1 - 26:20.82(14)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
10 km Dam			Intervallstart klassisk stil			
	19	155	RÖNZ Josefin	Jönköping	56:26.3	14:14.7
			M 1 - 27:14.68(19)			
	20	176	HÅKANSSON Filippa	Klubblös	56:35.7	14:24.1
			M 1 - 27:16.44(20)			
	21	158	FARBOTKO Fia	Runacademy IF	56:41.3	14:29.7
			M 1 - 28:03.94(27)			
	22	145	PAULSSON Viktoria	Friskis och Svettis Uddev	56:48.3	14:36.7
			M 1 - 28:03.19(26)			
	23	43	LITZÉN Tilda	Klubblös	56:51.3	14:39.7
			M 1 - 27:23.37(22)			
	24	152	ADAMSSON Susanne	Jönköping	56:52.8	14:41.2
			M 1 - 27:44.25(24)			
	25	194	STARK Louise	Klubblös	57:03.8	14:52.2
			M 1 - 27:24.50(23)			
	26	174	JOHANSSON Beatrice	Jönköping	57:10.6	14:59.0
			M 1 - 27:16.74(21)			
	27	150	ANDERSSON Carina	Jönköping	57:59.9	15:48.3
			M 1 - 28:32.19(28)			
	28	165	WEIMANN Lisa	IK Uven	58:05.3	15:53.7
			M 1 - 27:51.94(25)			
	29	156	EKMAN Lisa	Klubblös	59:13.3	17:01.7
			M 1 - 29:24.81(34)			
	30	172	UDDMAN Stina	Höör	59:23.3	17:11.7
			M 1 - 28:54.06(32)			
	31	163	ANDERSSON Marie	Klubblös	59:26.0	17:14.4
			M 1 - 28:50.19(31)			
	32	187	HOLMBERG Alice	Klubblös	1:00:58.5	18:46.9
			M 1 - 28:44.62(30)			
	33	184	STRIDH Karin	Jönköping	1:01:16.5	19:04.9
			M 1 - 29:39.81(35)			
	34	151	ORRGREN Gabriella	Crossfit Jönköping	1:01:27.4	19:15.8
			M 1 - 29:00.07(33)			
	35	159	MÄRTENSSON Anna	Jönköping	1:02:07.3	19:55.7
			M 1 - 29:50.75(37)			
	36	179	NERO Karin	Jönköping	1:02:14.7	20:03.1
			M 1 - 28:33.87(29)			
	37	73	NILSSON Elenor	Friskis & Svettis	1:02:47.4	20:35.8

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
10 km Dam			Intervallstart klassisk stil			
			M 1 - 29:52.74(38)			
	38	90	HALLIN Elvira	Klubblös	1:02:51.1	20:39.5
			M 1 - 29:46.18(36)			
	39	166	RAMDE Ulla-Karin	IKHP	1:03:03.1	20:51.5
			M 1 - 30:14.19(40)			
	40	168	WESTERLUND My	Jönköping	1:03:15.8	21:04.2
			M 1 - 29:58.50(39)			
	41	171	ANDERSSON Rosita	Friskis & Svettis Jönköpi	1:03:34.8	21:23.2
			M 1 - 30:14.81(41)			
	42	63	BADH Sara	huskvarna	1:04:24.6	22:13.0
			M 1 - 31:40.24(43)			
	43	147	SVEDBERG Emma	Crossfit Jönköping	1:04:31.9	22:20.3
			M 1 - 30:31.87(42)			
	44	198	THOR Fanny	Jönköping	1:04:57.1	22:45.5
			M 1 - 32:59.99(44)			
	45	146	WIGERT Karin	Friskis&Svettis	1:06:52.7	24:41.1
			M 1 - 33:09.62(46)			
	46	199	THOR Hilda	Jönköping	1:09:37.2	27:25.6
			M 1 - 33:09.56(45)			
	47	200	THOR Emilia	Jönköping	1:09:37.8	27:26.2
			M 1 - 33:10.06(47)			
	48	183	HAMIN Rosita	Jönköping	1:19:17.1	37:05.5
			M 1 - 38:06.43(48)			
	49	170	STOLTZ Karin	Jönköping	1:19:17.4	37:05.8
			M 1 - 38:07.18(50)			
	50	180	MOLIN Anna	Uddevala	1:19:26.1	37:14.5
			M 1 - 38:07.13(49)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
10 km Herr			Intervallstart klassisk stil			
	1	36	CLAESSON Oscar	Hallby	33:43.3	0.0
			M 1 - 16:22.69(2)			
	2	58	AHMED Nuray Yassin	Ullevi	33:47.8	4.5
			M 1 - 16:22.56(1)			
	3	31	ELBOUCHTI soufian	Hovslätt ik	35:22.8	1:39.5
			M 1 - 16:42.93(3)			
	4	37	CLAESSON Arvid	Hallby	36:49.1	3:05.8
			M 1 - 17:25.99(4)			
	5	117	JOHNSON Patrik	IK Sisu Nässjö	39:25.7	5:42.4
			M 1 - 18:29.13(5)			
	6	113	SEPPAS Fredrik	Tenhults IF	39:36.1	5:52.8
			M 1 - 19:42.93(8)			
	7	50	GRANELUND Martin	Ölmstad IK	41:09.4	7:26.1
			M 1 - 20:08.81(10)			
	8	130	MUNOZ Cristopher	Klubblös	41:12.1	7:28.8
			M 1 - 19:23.06(6)			
	9	52	WINBERG Jonathan	Bottnaryd	41:40.9	7:57.6
			M 1 - 20:06.75(9)			
	10	136	EDLUND Ricardo	Klubblös	42:03.0	8:19.7
			M 1 - 20:22.93(13)			
	11	94	ÖSTMAN Lars-Henric	Runacademy IF	42:06.2	8:22.9
			M 1 - 20:13.88(11)			
	12	112	HALLMAN Mattias	AC Haipojkarna	42:25.5	8:42.2
			M 1 - 20:30.19(14)			
	13	78	FRIBERG Oscar	Bankeryd	42:55.0	9:11.7
			M 1 - 20:20.0(12)			
	14	108	GENETAY Henrik	Stockholm	43:12.1	9:28.8
			M 1 - 20:32.00(15)			
	15	98	WIGERT Peter	Friskis&Svettis	43:14.2	9:30.9
			M 1 - 22:47.63(25)			
	16	64	ZEHAIE Ficare	torpedo kamrater	44:27.0	10:43.7
			M 1 - 20:33.94(16)			
	17	68	LEKANDER Frans	Crossfit Jönköping	45:06.9	11:23.6
			M 1 - 21:37.19(18)			
	18	32	THELANDER Magnus	Tenhults SOK	45:22.3	11:39.0
			M 1 - 21:19.56(17)			
	19	40	EKLUND Rasmus	Jönköping	45:37.3	11:54.0

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
10 km Herr			Intervallstart klassisk stil			
			M 1 - 21:57.68(20)			
	20	137	GUSTAFSSON Jonas	Klubblös	45:56.8	12:13.5
			M 1 - 22:03.87(22)			
	21	124	HASAN Fevzi	Bara kämpa!!!	46:03.9	12:20.6
			M 1 - 21:45.44(19)			
	22	131	LUNDQVIST Daniel	Norrahammars GIS	46:05.5	12:22.2
			M 1 - 22:43.31(24)			
	23	120	ÖSTLIN Emil	IKHP	46:15.6	12:32.3
			M 1 - 21:59.31(21)			
	24	48	RUNDQVIST Samuel	Jönköping	46:35.7	12:52.4
			M 1 - 22:52.37(26)			
	25	101	MERNELIUS Pål	Jönköping	48:04.0	14:20.7
			M 1 - 23:21.0(27)			
	26	44	BJÖRKBRANT Fredrik	JP	48:19.7	14:36.4
			M 1 - 22:26.69(23)			
	27	92	WIBERG Johan	Jönköping	48:32.5	14:49.2
			M 1 - 23:38.87(29)			
	28	109	CEDER Mattias	Klubblös	48:36.8	14:53.5
			M 1 - 23:57.75(31)			
	29	116	ENEVING Andreas	Flintab	48:37.6	14:54.3
			M 1 - 23:57.51(30)			
	30	127	UDDMAN Jonas	Långstorp IF	49:24.7	15:41.4
			M 1 - 24:23.01(34)			
	31	118	GREK Niklas	Flintab	49:28.5	15:45.2
			M 1 - 23:37.31(28)			
	32	49	SÖDERBERG Calle	Stockholm	49:50.5	16:07.2
			M 1 - 24:03.00(32)			
	33	119	CEDERGREM Carl	Friskis & Svettis Jönköpi	50:48.7	17:05.4
			M 1 - 24:24.19(35)			
	34	60	KLINT Peter	Hovslätt	52:17.0	18:33.7
			M 1 - 24:45.43(36)			
	35	69	PRUTH Leo	IK Hakarpspojarna	52:21.8	18:38.5
			M 1 - 24:46.18(37)			
	36	104	ALDENHOLT Krister	Jönköping	52:55.8	19:12.5
			M 1 - 26:15.44(41)			
	37	122	ELM Per-Eric	huskvarna	53:10.0	19:26.7
			M 1 - 25:23.06(38)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
10 km Herr			Intervallstart klassisk stil			
	38	103	KARLSSON Pontus	vaggeryd	53:10.7	19:27.4
			M 1 - 24:19.62(33)			
	39	126	KARLSSON Stefan	Bankeryd	53:40.7	19:57.4
			M 1 - 26:14.62(40)			
	40	62	JOHANSSON Andy	Habo	54:36.0	20:52.7
			M 1 - 29:58.62(54)			
	41	93	AHLGREN Joakim	IKHP	55:12.4	21:29.1
			M 1 - 26:21.87(42)			
	42	115	JUTSTRÖM Andreas	Klubblös	55:37.1	21:53.8
			M 1 - 26:33.00(43)			
	43	128	ERIKSSON åke	Klubblös	56:19.3	22:36.0
			M 1 - 26:12.07(39)			
	44	67	LINDBLAD Björn	Ölmstad IS	56:40.6	22:57.3
			M 1 - 28:38.81(47)			
	45	138	ARVIDSSON Jonas	Friskis-Jönköping	1:00:04.1	26:20.8
			M 1 - 27:41.62(45)			
	46	125	ANDERSSON Iars	huskvarna	1:00:12.5	26:29.2
			M 1 - 29:02.44(49)			
	47	135	BRAGE Jan-olof	Gnosjö	1:00:19.6	26:36.3
			M 1 - 27:30.25(44)			
	48	121	ARVIDSSON Jörgen	Flintab	1:01:03.6	27:20.3
			M 1 - 28:23.25(46)			
	49	139	LINDROOS Jean	Klubblös	1:01:07.8	27:24.5
			M 1 - 29:02.06(48)			
	50	134	STRIDH Jörgen	Jönköping	1:01:17.0	27:33.7
			M 1 - 29:41.63(50)			
	51	71	PETTERSSON Göran	Jönköping	1:03:11.1	29:27.8
			M 1 - 29:45.82(51)			
	52	110	LINDBOM Lennart	huskvarna	1:03:42.4	29:59.1
			M 1 - 30:51.81(56)			
	53	129	JOHANSSON Stefan	Jönköping	1:03:54.3	30:11.0
			M 1 - 29:57.81(53)			
	54	143	GRABINSKI Jonas	Löparskolan	1:03:55.5	30:12.2
			M 1 - 30:20.50(55)			
	55	141	KARLSSON Kristoffer	Jönköping	1:04:55.2	31:11.9
			M 1 - 29:49.12(52)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Dam			Intervallstart klassisk stil			
	1	203	FYHR Malin	Uppsala LK	1:29:22.1	0.0
			M 1 - 44:16.68(1) M 2 - 1:07:30.81(1)			
	2	327	OTTOZON Johanna	Jönköping	1:35:40.8	6:18.7
			M 1 - 47:36.25(3) M 2 - 1:12:30.88(3)			
	3	229	ANDERSSON Malin	Järstorp	1:36:00.0	6:37.9
			M 1 - 46:07.38(2) M 2 - 1:11:42.07(2)			
	4	322	KARLSSON Matilda	JOK	1:39:57.6	10:35.5
			M 1 - 47:49.31(4) M 2 - 1:14:54.25(4)			
	5	324	JINNESTRAND Hanna	Friskis och Svettis Jönkö	1:45:34.8	16:12.7
			M 1 - 50:33.44(5) M 2 - 1:18:52.56(5)			
	6	320	BOVIDE Petra	F&S Kristianstad	1:46:12.7	16:50.6
			M 1 - 51:26.75(6) M 2 - 1:19:12.75(6)			
	7	261	ANDERSSON Jenny	Klubblös	1:47:32.4	18:10.3
			M 1 - 52:43.37(7) M 2 - 1:21:57.56(7)			
	8	335	NILSSON Frida	Klubblös	1:47:43.8	18:21.7
			M 1 - 53:08.94(9) M 2 - 1:22:04.82(8)			
	9	217	SEVSIK Caroline	Eksjö	1:49:27.4	20:05.3
			M 1 - 52:48.31(8) M 2 - 1:22:39.00(9)			
	10	279	OHLSSON Andrea	Ulricehamns IF	1:51:16.0	21:53.9
			M 1 - 54:21.63(11) M 2 - 1:24:52.44(11)			
	11	262	CARLSSON Eva	Friskis & Svettis Jönköpi	1:51:40.3	22:18.2
			M 1 - 54:21.69(12) M 2 - 1:24:52.57(12)			
	12	318	GUSTAFSSON Clara	Jönköping	1:52:19.2	22:57.1
			M 1 - 56:09.75(13) M 2 - 1:25:50.00(13)			
	13	80	ISAKSON Stina	Mårdskog	1:52:43.2	23:21.1
			M 1 - 53:57.57(10) M 2 - 1:23:17.88(10)			
	14	394	STOLPER Rebecca	JP	1:55:55.3	26:33.2
			M 1 - 56:46.12(15) M 2 - 1:27:03.24(15)			
	15	321	LINDQVIST Christina	F&S Jönköping	1:56:36.5	27:14.4
			M 1 - 56:12.50(14) M 2 - 1:26:49.75(14)			
	16	224	FRIBERG Heléne	Jönköping	1:57:13.8	27:51.7
			M 1 - 57:09.12(17) M 2 - 1:28:37.56(16)			
	17	328	ANDERSSON Lisa	Jönköpings	1:57:30.9	28:08.8
			M 1 - 57:13.5(18) M 2 - 1:28:46.8(17)			
	18	91	LINDELL Therese	Klubblös	1:58:29.9	29:07.8
			M 1 - 57:37.07(19) M 2 - 1:29:16.82(18)			
	19	288	SOLSJÖ Elin	Skövde	1:58:45.9	29:23.8

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Dam			Intervallstart klassisk stil			
			M 1 - 57:40.13(20) M 2 - 1:29:38.06(20)			
	20	206	HOULIHAN-BURNE Emma	Jönköping	2:00:14.1	30:52.0
			M 1 - 57:44.81(21) M 2 - 1:29:26.94(19)			
	21	296	MOYZIO Jennifer	Jönköping	2:01:53.8	32:31.7
			M 1 - 59:16.93(25) M 2 - 1:32:04.93(24)			
	22	230	WIXE Stina	Klubblös	2:01:56.9	32:34.8
			M 1 - 58:37.31(23) M 2 - 1:31:12.81(22)			
	23	223	RÄVIK Johanna	vaggeryd	2:02:11.4	32:49.3
			M 1 - 58:27.68(22) M 2 - 1:31:29.18(23)			
	24	325	EKDAHL Sofia	Friskis och Svettis Jönkö	2:03:32.6	34:10.5
			M 1 - 56:49.19(16) M 2 - 1:30:16.88(21)			
	25	323	ALKENÄS Ann-Marie	Tävelsås	2:05:37.6	36:15.5
			M 1 - 1:00:07.63(26) M 2 - 1:33:06.69(25)			
	26	281	SUNDMAN Tina	Jönköping	2:11:05.2	41:43.1
			M 1 - 58:46.93(24) M 2 - 1:33:32.18(26)			
	27	253	FREUDENBERG Anja	Klubblös	2:11:24.7	42:02.6
			M 1 - 1:01:53.44(28) M 2 - 1:37:59.81(27)			
	28	233	COHEN Barbara	Klubblös	2:14:27.9	45:05.8
			M 1 - 1:04:37.18(30) M 2 - 1:40:14.06(28)			
	29	289	FROM Rebecka	Klubblös	2:19:26.6	50:04.5
			M 1 - 1:06:06.68(32) M 2 - 1:44:06.56(31)			
	30	290	HARPER Esther	Klubblös	2:19:27.0	50:04.9
			M 1 - 1:02:31.75(29) M 2 - 1:40:55.69(29)			
	31	202	GRANATH Louise	Jönköping	2:22:29.6	53:07.5
			M 1 - 1:05:38.13(31) M 2 - 1:43:23.31(30)			
	32	214	SJÖBERG Emelie	Jönköping	2:23:58.1	54:36.0
			M 1 - 1:06:30.88(33) M 2 - 1:45:43.57(32)			
	33	228	FUCHS Rebecca	Jönköping	2:27:10.3	57:48.2
			M 1 - 1:12:12.82(37) M 2 - 1:50:23.50(35)			
	34	211	NILSEN Annika	huskvarna	2:29:47.9	1:00:25.8
			M 1 - 1:07:34.31(34) M 2 - 1:49:46.81(33)			
	35	219	DAHLSTRÖM Madeleine	Klubblös	2:30:33.7	1:01:11.6
			M 1 - 1:09:24.57(35) M 2 - 1:50:23.25(34)			
	36	255	NORDLING Lotta	Friskis och Svettis City Ji	2:35:49.4	1:06:27.3
			M 1 - 1:10:10.75(36) M 2 - 1:52:30.57(36)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Herr			Intervallstart klassisk stil			
	1	384	CARLSSON Johan	ÖrgrYTE IS	1:14:57.4	0.0
			M 1 - 37:07.94(2) M 2 - 56:42.50(1)			
	2	488	EKLÖF Johannes	IF hallby sok	1:16:23.7	1:26.3
			M 1 - 37:08.56(3) M 2 - 57:00.87(2)			
	3	396	SANDGREN Martin	Tidaholms SOK SISU	1:18:13.8	3:16.4
			M 1 - 37:07.75(1) M 2 - 58:18.19(3)			
	4	398	KASSELSTRAND David	Gamleby OK	1:19:08.5	4:11.1
			M 1 - 38:50.44(5) M 2 - 1:00:02.81(4)			
	5	497	DAHLGREN Mattias	Jönköping	1:22:10.9	7:13.5
			M 1 - 38:49.81(4) M 2 - 1:01:11.00(5)			
	6	205	SAMUELSSON Jon	Uppsala LK	1:24:58.7	10:01.3
			M 1 - 40:03.31(6) M 2 - 1:03:04.69(6)			
	7	499	BIRGERSSON Marcus	Eksjö SOK	1:27:15.4	12:18.0
			M 1 - 41:57.31(7) M 2 - 1:05:23.75(7)			
	8	494	PRUTH Noa	IK Hakarpspojarna	1:30:12.0	15:14.6
			M 1 - 42:31.50(8) M 2 - 1:06:41.18(8)			
	9	491	FERNLUND Rasmus	Klubblös	1:31:06.8	16:09.4
			M 1 - 44:10.38(9) M 2 - 1:07:35.00(9)			
	10	209	SVENSSON Roger	IKHP	1:31:29.3	16:31.9
			M 1 - 44:34.69(11) M 2 - 1:09:01.50(11)			
	11	215	AHLBERG Frank-Johan	Hässleby SOK	1:31:29.4	16:32.0
			M 1 - 44:27.18(10) M 2 - 1:09:19.19(13)			
	12	377	RAM Anders	Lssk	1:31:48.1	16:50.7
			M 1 - 44:36.44(12) M 2 - 1:08:55.31(10)			
	13	81	ZINGMARK Eric	Klubblös	1:32:15.0	17:17.6
			M 1 - 44:47.19(15) M 2 - 1:09:15.13(12)			
	14	370	GUSTAFSSON Viktor	Klubblös	1:32:17.0	17:19.6
			M 1 - 44:41.18(13) M 2 - 1:09:23.50(14)			
	15	365	RAMFELT Magnus	JB Runners	1:32:29.0	17:31.6
			M 1 - 44:48.31(16) M 2 - 1:09:41.12(16)			
	16	373	ABRAHAMSSON Alexander	Jönköping	1:32:47.3	17:49.9
			M 1 - 44:45.44(14) M 2 - 1:09:25.50(15)			
	17	213	MALMSTRÖM Per	Skövde	1:33:05.5	18:08.1
			M 1 - 45:06.87(17) M 2 - 1:09:53.43(17)			
	18	333	OTTOSSON John	Friskis&Svettis Jönköpin	1:34:07.8	19:10.4
			M 1 - 45:22.13(19) M 2 - 1:10:10.01(18)			
	19	221	ANDERSSON Thomas	Trängregementet	1:34:13.5	19:16.1

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Herr			Intervallstart klassisk stil			
			M 1 - 45:07.75(18) M 2 - 1:10:13.00(19)			
	20	493	LINDBERG PRUTH Andreas	IK Hakarpspojarna	1:34:41.0	19:43.6
			M 1 - 45:41.75(22) M 2 - 1:11:05.88(20)			
	21	487	S. MORTENSEN Johannes	Jkpg	1:34:48.6	19:51.2
			M 1 - 47:19.07(28) M 2 - 1:12:08.56(27)			
	22	492	GUSTAFSSON Henrik	Bankeryd	1:35:07.3	20:09.9
			M 1 - 45:46.49(23) M 2 - 1:11:57.24(24)			
	23	227	SCHÜTZ Jan	Klubblös	1:35:09.2	20:11.8
			M 1 - 45:27.43(20) M 2 - 1:11:31.68(21)			
	24	378	DAHLERUP Erik	huskvarna	1:35:33.0	20:35.6
			M 1 - 47:21.38(32) M 2 - 1:12:12.94(29)			
	25	395	BROLIN Gustav	Friskis & Svettis, Jönköpi	1:35:44.1	20:46.7
			M 1 - 45:50.94(25) M 2 - 1:11:57.38(25)			
	26	210	HEIDENBORN Magnus	Jönköping	1:36:20.0	21:22.6
			M 1 - 45:30.00(21) M 2 - 1:11:32.07(22)			
	27	338	STÅHL niclas	IK Uven-Lindome	1:36:33.1	21:35.7
			M 1 - 47:13.94(27) M 2 - 1:12:06.94(26)			
	28	363	HANSON Johan	Jönköping	1:36:34.8	21:37.4
			M 1 - 45:49.00(24) M 2 - 1:11:54.06(23)			
	29	400	LEVINSSON Micke	IK Vista	1:36:39.2	21:41.8
			M 1 - 46:13.69(26) M 2 - 1:12:36.94(30)			
	30	391	JOHANSSON Peter	Anderstorps OK	1:36:42.5	21:45.1
			M 1 - 47:19.18(29) M 2 - 1:12:11.37(28)			
	31	376	LJUNGDAHL Johan	TJU-runners	1:38:31.5	23:34.1
			M 1 - 48:54.62(36) M 2 - 1:15:11.50(34)			
	32	393	KORPISALO Johan	Anderstorps OK	1:38:36.3	23:38.9
			M 1 - 47:19.56(31) M 2 - 1:13:17.69(32)			
	33	369	SOLSJÖ Niklas	IFK Skövde SK	1:39:34.5	24:37.1
			M 1 - 49:33.76(39) M 2 - 1:15:39.69(36)			
	34	226	ELM Oile	Klubblös	1:39:51.9	24:54.5
			M 1 - 47:55.88(34) M 2 - 1:15:17.01(35)			
	35	484	LUNDÉN Martin	Norrköping	1:40:39.6	25:42.2
			M 1 - 47:19.50(30) M 2 - 1:12:42.69(31)			
	36	381	BOKINGE Niklas	Kapsch Low Impact Runr	1:41:15.1	26:17.7
			M 1 - 49:56.25(41) M 2 - 1:16:53.81(38)			
	37	387	LAKONGSENG Emanuel	Crossfit Jönköping	1:42:58.4	28:01.0
			M 1 - 48:36.82(35) M 2 - 1:15:05.75(33)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Herr			Intervallstart klassisk stil			
	38	360	REIGO Erko	Estland	1:43:58.3	29:00.9
			M 1 - 49:09.19(37) M 2 - 1:17:41.31(40)			
	39	79	ISAKSON Magnus	Mårdskog	1:44:30.9	29:33.5
			M 1 - 47:44.94(33) M 2 - 1:16:33.20(37)			
	40	496	GROOP Lars	Jönköping	1:45:14.4	30:17.0
			M 1 - 49:54.50(40) M 2 - 1:17:25.93(39)			
	41	485	EVALDSSON Rickard	Kvänums IF	1:45:15.3	30:17.9
			M 1 - 50:11.56(42) M 2 - 1:18:59.18(42)			
	42	361	MOLIN Martin	Uddevalla	1:45:36.9	30:39.5
			M 1 - 51:23.81(46) M 2 - 1:20:16.50(45)			
	43	486	FURLAND Hans	Tranås	1:46:30.5	31:33.1
			M 1 - 49:28.37(38) M 2 - 1:18:34.56(41)			
	44	340	LINDSTRÖM Patrik	Klubblös	1:46:34.9	31:37.5
			M 1 - 51:39.00(49) M 2 - 1:19:29.44(43)			
	45	397	STRÖMBERG Christian	TeamMagnus	1:47:30.0	32:32.6
			M 1 - 51:13.38(45) M 2 - 1:20:27.00(47)			
	46	380	MALMSTRÖM Fredrik	Habo	1:47:43.6	32:46.2
			M 1 - 51:35.38(48) M 2 - 1:21:15.38(49)			
	47	222	KOPP Mikael	Klubblös	1:47:45.3	32:47.9
			M 1 - 51:28.19(47) M 2 - 1:21:10.93(48)			
	48	500	RYDH Jonas	Berghalla	1:48:09.8	33:12.4
			M 1 - 54:24.87(61) M 2 - 1:22:41.62(53)			
	49	374	LOVÉN Christer	Erikshjälpen	1:48:28.1	33:30.7
			M 1 - 51:40.44(50) M 2 - 1:21:16.56(50)			
	50	212	GUSTAFSSON Daniel	Örserums IK	1:48:55.8	33:58.4
			M 1 - 51:13.32(44) M 2 - 1:20:25.88(46)			
	51	490	DAHL Viktor	Klubblös	1:49:14.0	34:16.6
			M 1 - 53:04.18(53) M 2 - 1:22:01.43(51)			
	52	489	SÖDERSTRÖM Peter	vaggeryd	1:50:42.0	35:44.6
			M 1 - 53:04.81(54) M 2 - 1:23:08.50(54)			
	53	77	HÖNLINGER Johannes	Klubblös	1:51:04.5	36:07.1
			M 1 - 50:38.32(43) M 2 - 1:20:12.13(44)			
	54	232	DAHLBERG Simon	Optiker Jahnke	1:51:16.1	36:18.7
			M 1 - 54:24.25(60) M 2 - 1:24:47.25(60)			
	55	208	KRONANDER Fredrik	Jönköping	1:51:32.2	36:34.8
			M 1 - 54:23.62(59) M 2 - 1:22:40.87(52)			
	56	386	EKLUND Patrik	Team Bluewall	1:51:49.1	36:51.7

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Herr			Intervallstart klassisk stil			
			M 1 - 52:44.44(51) M 2 - 1:23:13.25(55)			
	57	375	NILSON Emil	vaggeryd	1:52:08.4	37:11.0
			M 1 - 53:15.88(55) M 2 - 1:23:13.38(56)			
	58	367	CHOJECKI Wojtek	Klubblös	1:53:10.7	38:13.3
			M 1 - 54:23.44(58) M 2 - 1:24:46.88(59)			
	59	348	GUSTAVSSON Tommy	huskvarna	1:53:13.0	38:15.6
			M 1 - 54:17.62(57) M 2 - 1:24:23.69(58)			
	60	389	ANDERSSON Niclas	Klubblös	1:53:29.6	38:32.2
			M 1 - 54:45.44(62) M 2 - 1:25:02.31(61)			
	61	385	THELLMAN Jonas	Klubblös	1:54:02.1	39:04.7
			M 1 - 55:58.25(65) M 2 - 1:25:55.44(64)			
	62	383	ARRHENIUS Peter	ArrheniusFamilySthlm	1:54:13.5	39:16.1
			M 1 - 55:09.25(64) M 2 - 1:25:12.69(62)			
	63	498	LITHNER Mathias	Klubblös	1:56:21.1	41:23.7
			M 1 - 55:01.75(63) M 2 - 1:25:42.62(63)			
	64	220	CESTINO Joaquin	Eksjö	1:57:34.1	42:36.7
			M 1 - 53:00.51(52) M 2 - 1:24:17.57(57)			
	65	354	TO BABEN Jakob	Bankeryd	1:57:40.9	42:43.5
			M 1 - 58:27.43(73) M 2 - 1:29:50.37(68)			
	66	347	ANDERSSON Ingemar	Ölmstad IS	1:58:21.2	43:23.8
			M 1 - 57:18.68(70) M 2 - 1:28:39.81(66)			
	67	362	JÄDERKVIST Adam	Klubblös	1:59:22.1	44:24.7
			M 1 - 54:04.62(56) M 2 - 1:27:06.12(65)			
	68	76	JOHANSSON Björn	Klubblös	1:59:35.3	44:37.9
			M 1 - 56:44.75(66) M 2 - 1:29:17.93(67)			
	69	388	TORBE Fredrik	Klubblös	2:00:09.7	45:12.3
			M 1 - 56:50.44(67) M 2 - 1:30:17.87(70)			
	70	382	ARRHENIUS Michael	ArrheniusFamilyJkpg	2:01:29.9	46:32.5
			M 1 - 57:40.31(72) M 2 - 1:30:00.62(69)			
	71	495	BILLESAND Tomas	Bottnaryds IF	2:01:58.6	47:01.2
			M 1 - 57:08.00(69) M 2 - 1:30:18.31(71)			
	72	356	PETTERSSON Leif	Jönköping	2:03:30.0	48:32.6
			M 1 - 56:56.19(68) M 2 - 1:30:57.87(72)			
	73	379	WENNERHOLM Håkan	Kapsch Low Impact Runr	2:03:56.8	48:59.4
			M 1 - 57:27.62(71) M 2 - 1:31:49.18(74)			
	74	345	KATARIA Mitesh	Klubblös	2:04:03.2	49:05.8
			M 1 - 58:30.44(74) M 2 - 1:31:41.69(73)			

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Antal deltagare: 277

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
21 km Herr			Intervallstart klassisk stil			
	75	372	KVARNSTRÖM dennis	Jönköping	2:05:14.2	50:16.8
			M 1 - 58:57.63(77) M 2 - 1:32:48.63(76)			
	76	337	SULASALMI Tapio	Eksjö garnisons IF	2:05:21.1	50:23.7
			M 1 - 58:44.31(75) M 2 - 1:32:41.31(75)			
	77	368	EDVINSSON Joakim	Husqvarna	2:11:07.1	56:09.7
			M 1 - 58:49.01(76) M 2 - 1:33:33.63(77)			
	78	339	PETERSSON Alexander	Klubblös	2:14:23.7	59:26.3
			M 1 - 1:00:23.87(78) M 2 - 1:37:54.18(78)			
	79	359	ERIKSSON Jakob	Jönköping	2:21:01.3	1:06:03.9
			M 1 - 1:02:57.31(79) M 2 - 1:41:26.87(79)			
	80	346	DAHLSTRÖM Christer	Klubblös	2:30:33.6	1:15:36.2
			M 1 - 1:09:25.49(80) M 2 - 1:50:23.24(80)			