

Meeting Information Document

22nd European 10,000m Cup (Night of the 10,000m PBs)

Date: 2018-05-19

Address: London,

Venue:

London

Events

Event Code	Genders	Category	Rounds	Age Groups	Entered
12x200	MF	MF	1	U13, U15, U17	0
10000	M	R1	1	SEN	34
10000	M	R2	1	SEN	35
10000	F	R3	1	SEN	17
10000	M	R4	1	SEN	40
10000	M	R5	1	SEN	39
MILE	MF	MEDIA	1	ALL	21
10000	F	R6	1	SEN	29
10000	M	R7	1	SEN	38
10000	F	R8	1	SEN	36
10000	M	R9	1	SEN	35

24 Teams

Team Id	Name
ESP	Spain
EST	Estonia
FIN	Finland
FRA	France
GBR	United Kingdom
GER	Germany
GRE	Greece
HUN	Hungary
IRL	Ireland
ISR	Israel
ITA	Italy
LTU	Lithuania
NED	Netherlands
NOR	Norway
POL	Poland
POR	Portugal
ROU	Romania
SUI	Switzerland
SWE	Sweden
UKR	Ukraine

24 Teams

Team Id	Name
AUT	Austria
BEL	Belgium
BUL	Bulgaria
CZE	Czech Republic

322 Competitors

First Name / Last Name	Events
Hannah Oldroyd (SALT)	10000 R3
Chris Thompson (AFD)	10000 R9
Francesca Menato (WHLTH)	MILE MEDIA
Kate Carter (GUARD)	MILE MEDIA
Sophie Raworth (BBC)	MILE MEDIA
Sarah Dudgeon (STRAV)	MILE MEDIA
Susan McIntyre (PKRUN)	MILE MEDIA
Lucy Golding (PKRUN)	MILE MEDIA
Tina Chantrey (WORUN)	MILE MEDIA
Emma Navesy (STRAV)	MILE MEDIA
Kelly Butler (JOURN)	MILE MEDIA
Nic Errol (JOURN)	MILE MEDIA
Paul Sinton-Hewitt (PKRUN)	MILE MEDIA
Nick Pearson (PKRUN)	MILE MEDIA
James Poole (STRAV)	MILE MEDIA
Michael Sawh (WEARA)	MILE MEDIA
Sean Ingle (GUARD)	MILE MEDIA
James Holt (STRAV)	MILE MEDIA
Kieran Alger (JOURN)	MILE MEDIA
James Fleet (MTALK)	MILE MEDIA
David Morrell (MTALK)	MILE MEDIA
DAddy Wells (MTALK)	MILE MEDIA
Danny Bent (JOURN)	MILE MEDIA
Matthew Stevens (team)	10000 R1
Margaret Chelimo (PACE)	10000 R8
Eva Cherono (PACE)	10000 R6
Iona Lake (PACE)	10000 R6
Cornelius Kangogo (PACE)	10000 R9
David Bett (PACE)	10000 R9
Daniel Studley (PACE)	10000 R7
Malcolm Hicks (PACE)	10000 R7
Tamara Armoush (BIRCH)	10000 R6
Charlotte Christensen (CAMCO)	10000 R6
Lucy Crookes (LEEDS)	10000 R6
Rosie Edwards (ROTHE)	10000 R6
Sarah Astin (CNORW)	10000 R6
Cecilia Norrbom (UNATT)	10000 R6
Nicole Taylor (TONB)	10000 R6
Nicola Squires (HALLH)	10000 R3
Bethanie Murray (THH)	10000 R3
Molly Browne (BRAT)	10000 R3
Sarah Johnson (TVH)	10000 R3
Hannah Howard (ELEIG)	10000 R3
Leila Armoush (LEEDS)	10000 R3
Karen Shimmin (MANXH)	10000 R3
Hannah Brown (SALEH)	10000 R3
Jacqueline Penn (USHEF)	10000 R3
Kelly Thorneycroft (LONH)	10000 R3
Lucy Reid (TONB)	10000 R6
Chloe Richardson (BIRCH)	10000 R3
Alaw Beynon-Thomas (SWAN)	10000 R3
Annabel Simpson (GUNIH)	10000 R3
Emma Burgess (HIGH)	10000 R3
Abel Tsegay (INVEK)	10000 R7

First Name / Last Name	Events
Felix Bour (UNATT)	10000 R7
Alberto Sanchez (UNATT)	10000 R7
Yoseph-Fabien Goasdoue (UNATT)	10000 R7
Abderrazak Charik (UNATT)	10000 R7
Jarkko Järvenpää (UNATT)	10000 R7
Robin Ryyänen (UNATT)	10000 R7
Antonio Silva (TVH)	10000 R7
Daniel Studley (BRIW)	10000 R7
Richard Allen (AFD)	10000 R7
Logan Rees (FIFE)	10000 R7
Joeri Wolf (UNATT)	10000 R7
Stephan Listabarth (UNATT)	10000 R7
Gabriel Steffensen (UNATT)	10000 R7
Dominic Shaw (NMH)	10000 R7
Andreas Jansson (UNATT)	10000 R5
Ian Kimpton (LUTON)	10000 R5
Kieran Clements (SBH)	10000 R7
Jack Gray (CAMCO)	10000 R5
Matthew Sharp (TSPY)	10000 R5
Jake Smith (UCARM)	10000 R5
William Christofi (BRIW)	10000 R5
Steven Bayton (HALLH)	10000 R5
Ben Cole (TONB)	10000 R5
James Donald (DUNDH)	10000 R5
James Straw (LINCW)	10000 R5
Ross Skelton (BRIPH)	10000 R5
Aaron Scott (LINCW)	10000 R5
Tim Bolink (UNATT)	10000 R5
James Douglas (BORDH)	10000 R5
Oliver Fox (WELLS)	10000 R5
Ben Johnson (RUNFT)	10000 R5
Nigel Martin (SALEH)	10000 R5
Dan Nash (CARD)	10000 R5
Will Mackay (BEDC)	10000 R5
Luke Prior (AFD)	10000 R5
Danny Hallam (WREAK)	10000 R5
Tom Hendrikse (UNATT)	10000 R5
Francesco Puppi (UNATT)	10000 R5
Colin Maher (BFIN)	10000 R5
Eoghan Totten (OUCCC)	10000 R5
James Westlake (CRAW)	10000 R5
Matthew Crehan (STHEL)	10000 R5
Jay Ferns (TRAFF)	10000 R5
Thomas Hayes (KILK)	10000 R5
Lewis Jagger (CSHEF)	10000 R4
Joe Morwood (AFD)	10000 R4
Chris Rainsford (HIGH)	10000 R4
Paul Whittaker (RRC)	10000 R4
Alexander Bampton (CHECH)	10000 R4
Ryan Burling (GUERN)	10000 R4
Alex Dunbar (CNORW)	10000 R4
Alexander Nilsson (UNATT)	10000 R4
Scott Rankin (FOYLE)	10000 R4
Chris Wright (SERP)	10000 R4
Jonathan Cornish (HW)	10000 R4
Alex Robinson (HW)	10000 R4

First Name / Last Name	Events	First Name / Last Name	Events
Joe Smith (TIPTH)	10000 R4	Andrea Fraquelli (SERP)	10000 R1
Tom Martyn (HBT)	10000 R4	Alex Cameron (DARTF)	10000 R1
Paul Navesey (CRAW)	10000 R4	Sean Doyle (UNATT)	10000 R1
Tom Higgs (SLH)	10000 R4	Jonathan Weichbrodt (UNATT)	10000 R1
Danny Russell (HIGH)	10000 R4	Matt Welsh (BEL)	10000 R1
Chris Oddy (SERP)	10000 R4	Mark Vardy (NEWB)	10000 R1
Tommi Hytonen (UNATT)	10000 R4	Max Costley (SOTON)	10000 R1
Jack Boswell (AFD)	10000 R2, 10000 R4	Tom Mahon (WREAK)	10000 R1
Peter Brookes (TIPTH)	10000 R4	Alex Walker (VOA)	10000 R1
Alan Corlett (MANXH)	10000 R4	Jonathan Carter (TIPTH)	10000 R1
David Long (BOURN)	10000 R4	Allan Stewart (CHIL)	10000 R1
Alex Milne (ENFH)	10000 R4	Harvey Speed (COVG)	10000 R1
Tony Payne (SERP)	10000 R4	Maikel Peeman (UNATT)	10000 R5
Frederick Slemeck (HW)	10000 R4	Luuk Maas (UNATT)	10000 R5
Fergal Smithwick (HIGH)	10000 R4	Michael Power (UNATT)	10000 R4
Evan Byrne (UNATT)	10000 R4	Patrick McNiff (NEWCD)	10000 R4
Kevin Moore (BRIHC)	10000 R4	Sarah Lowery (ROTHE)	10000 R3
James Turner (BRIHC)	10000 R4	Michelle Sandison (SPRBH)	10000 R3
Benjamin Toomer (HW)	10000 R4	Paul Martelletti (VPTH)	10000 R5
Belal Ahmed (HW)	10000 R2	Shaun Dixon (HIGH)	10000 R5
Alexander Lepretre (BARN)	10000 R2	John Eves (BEDC)	10000 R5
Sebastian Nilsson (UNATT)	10000 R2	Jonathan Poole (SERP)	10000 R5
Glen Watts (SBH)	10000 R2	Emmett Dunleavy (UNATT)	10000 R4
Dan Owen (CZECH)	10000 R2	Andrew Greenleaf (SERP)	10000 R4
Ben Savill (CRO)	10000 R2	Dave Ragan (BASMH)	10000 R4
Grant Twist (HAVAC)	10000 R2	Mark Jenkin (BIDEF)	10000 R4
Daniel Kashi (SALEH)	10000 R2	Daniel Robinson (BRAT)	10000 R4
Mark Long (MORP)	10000 R2	Damian Nevins (HARR)	10000 R2
Neil Renault (EDIN)	10000 R2	Martin Alvarez-Espinar (THH)	10000 R2
Philip Robertson (SALEH)	10000 R2	Daniel Gaffney (SLH)	10000 R2
Caoimhín Kelly (UNATT)	10000 R2	Andrius Jaksevicius (BEL)	10000 R2
Jim Allchin (THH)	10000 R2	Alex Lee (CZECH)	10000 R1
Nick Hardy (TIPTH)	10000 R2	Andrew Savery (LEAM)	10000 R1
Xavier Gruot (SERP)	10000 R2	Adam Stacey (UNATT)	10000 R1
Philip Sewell (AFD)	10000 R2	Marcus England (CZECH)	10000 R1
Joseph Turner (CAMCO)	10000 R2	Aaron Burgess (OXFC)	10000 R1
Harry Allen (BRIW)	10000 R2	Alastair Watson (NOTTS)	10000 R5
Ross Braden (BB)	10000 R2	Brian Maher (KILK)	10000 R5
Tom Griffiths (GG)	10000 R2	Kojo Kyereme (SBH)	10000 R5
George King (WINCD)	10000 R2	Chris Smith (TVH)	10000 R5
Kevin Guerin (UNATT)	10000 R2	Fredrik Uhrbom (UNATT)	10000 R4
Ben Heron (PETAC)	10000 R2	Chris Greenwood (KEN)	10000 R4
Peter Hawkings (HIGH)	10000 R2	Phil Burden (TAUNT)	10000 R2
Sam Lloyd-Perks (CARD)	10000 R2	Mike Burrett (LEEDS)	10000 R2
Piet Wiersma (UNATT)	10000 R1	Mark Couldwell (CHARN)	10000 R2
Chris Darling (CAMCO)	10000 R1	Kristian Nedregård (UNATT)	10000 R2
Sparrow Morley (TYNEB)	10000 R1	Sullivan Smith (CAMCO)	10000 R1
Chris Law (HOLMF)	10000 R1	Cedric Schramm (SERP)	10000 R1
Mathieu Cros (UNATT)	10000 R1	Richard Hope (VPTH)	10000 R1
Finn Johnson (HW)	10000 R1	Andrew Leach (NHERT)	10000 R1
Charlie Jones (CZECH)	10000 R1	Katrina Wootton (COVG)	10000 R8
Russ Mullen (HAYHH)	10000 R1	Kate Avery (SHILD)	10000 R8
Andy Salmon (BRIW)	10000 R1	Philippa Bowden (AFD)	10000 R8
Piers Arnold (CNORW)	10000 R1, 10000 R2	Stevie Stockton (LEEDS)	10000 R8
Shaun Smith (KHULL)	10000 R1	Eleanor Davis (BRIW)	10000 R8
Paul Mizon (MMK)	10000 R1	Mhairi MacIannan (UEDIN)	10000 R8

First Name / Last Name	Events	First Name / Last Name	Events
Ashley Gibson (TONB)	10000 R8	Claire Duck (GBR)	10000 R8
Dani Nimmock (CNORW)	10000 R8	Natalie Tanner (GER)	10000 R8
Andy Vernon (AFD)	10000 R9	Emma Mitchell (IRL)	10000 R8
Luke Caldwell (DMV)	10000 R9	Charlotta Fougberg (SWE)	10000 R8
Ellis Cross (AFD)	10000 R9	Yuliya Shmatenko (UKR)	10000 R8
Matthew Leach (BEDC)	10000 R9	Charlotte Arter (GBR)	10000 R8
Ollie Lockley (MANXH)	10000 R9	Chemtai Lonah Salpeter (ISR)	10000 R8
Lachlan Oates (SHETT)	10000 R9	Jip Vastenburg (NED)	10000 R8
Graham Rush (CHECH)	10000 R9	Serhiy Shevchenko (UKR)	10000 R7
Loreta Kancyte (LTU)	10000 R6	Sergiu Ciobanu (IRL)	10000 R7
Shona Heaslip (IRL)	10000 R6	Hugh Armstrong (IRL)	10000 R7
Stoian Vladkov (BUL)	10000 R7	Nicolae Alexandru Soare (ROU)	10000 R9
Patrik Wägeli (SUI)	10000 R7	Steven Castele (BEL)	10000 R7
Ana Lozano (ESP)	10000 R8	Napoleon Solomon (SWE)	10000 R9
Faye Fullerton (GBR)	10000 R8	Vasyl Koval (UKR)	10000 R7
Alexander Yee (GBR)	10000 R9	Mick Clohisey (IRL)	10000 R7
Yemaneberhan Crippa (ITA)	10000 R9	Ivan Strebkov (UKR)	10000 R7
Florian Carvalho (FRA)	10000 R9	Arttu Vattulainen (FIN)	10000 R9
Morad Amdouni (FRA)	10000 R9	Jakub Zemaník (CZE)	10000 R7
Adel Mechaal (ESP)	10000 R9	Tiidrek Nurme (EST)	10000 R9
Emelia Gorecka (AFD)	10000 R8	Mohamed Jelloul (ESP)	10000 R9
Cristina Simion (ROU)	10000 R6	Olle Walleräng (SWE)	10000 R7
Valeriya Zinenko (UKR)	10000 R6	Yago Rojo (ESP)	10000 R9
Nicole Reina (ITA)	10000 R6	Girmaw Amare (ISR)	10000 R9
Sara Brogiato (ITA)	10000 R6	Fernando Carro (ESP)	10000 R9
Moira Stewartová (CZE)	10000 R6	Jean-Pierre Weerts (BEL)	10000 R9
Maria Sagnes Wågan (NOR)	10000 R6	Mykola Nyzhnyk (UKR)	10000 R9
Viktoriya Kalyuzhna (UKR)	10000 R6	Sam Stabler (GBR)	10000 R9
Giovanna Epis (ITA)	10000 R6	Mohamud Aadan (GBR)	10000 R9
Yeóryios-Mihaíl Tássis (GRE)	10000 R7	Juan Pérez (ESP)	10000 R9
Ricardo Dias (POR)	10000 R7	Haimro Alame (ISR)	10000 R9
Yann Schrub (FRA)	10000 R7	Andreas Vojta (AUT)	10000 R7
Sullivan Brunet (SUI)	10000 R7	Luke Traynor (GBR)	10000 R9
Mohamed Serghini (FRA)	10000 R7	Richard Ringer (GER)	10000 R9
Tadesse Getahon (ISR)	10000 R9	Ben Connor (GBR)	10000 R9
Tomasz Grycko (POL)	10000 R9	Antonio Abadía (ESP)	10000 R9
Lorenzo Dini (ITA)	10000 R7	Sabrina Mockenhaupt (GER)	10000 R8
Dmytro Siruk (UKR)	10000 R7	Krisztina Papp (HUN)	10000 R8
Nataliya Lehonkova (UKR)	10000 R6	AnnMarie McGlynn (IRL)	10000 R8
Ancuta Bobocel (ROU)	10000 R8	Maitane Melero (ESP)	10000 R8
Anastasía Karakatsáni (GRE)	10000 R6	Anne-Mari Hyryläinen (FIN)	10000 R8
Fionnuala Ross (IRL)	10000 R6	Samira Mezeghrane (FRA)	10000 R8
Martina Tresch (SUI)	10000 R6	Sophie Duarte (FRA)	10000 R8
Maor Tiyouri (ISR)	10000 R6	Christian Kreienbühl (SUI)	10000 R7
Cátia Santos (POR)	10000 R8		
Tania Carretero (ESP)	10000 R8		
Andreea Alina Piscu (ROU)	10000 R6		
Runa Skrove Falch (NOR)	10000 R6		
María José Pérez (ESP)	10000 R8		
Elena García (ESP)	10000 R6		
Katarzyna Rutkowska (POL)	10000 R8		
Miriam Dattke (GER)	10000 R8		
Jenny Nesbitt (GBR)	10000 R8		
Roxana Barca (ROU)	10000 R6		
Nuria Lugueros (ESP)	10000 R8		
Louise Small (GBR)	10000 R8		

12x200 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
------------	-----------	--------	----------	---------

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
-----	-----	------------	-----------	------	------	------

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Chris	Law	M	SEN	HOLMF
Allan	Stewart	M	SEN	CHIL
Jonathan	Carter	M	SEN	TIPTH
Sullivan	Smith	M	V40	CAMCO
Chris	Darling	M	SEN	CAMCO
Shaun	Smith	M	SEN	KHULL
Mathieu	Cros	M	SEN	UNATT
Mark	Vardy	M	SEN	NEWB
Andrew	Savery	M	V35	LEAM
Matt	Welsh	M	SEN	BEL
Jonathan	Weichbrodt	M	SEN	UNATT
Richard	Hope	M	V45	VPTH
Tom	Mahon	M	SEN	WREAK
Marcus	England	M	V35	CHECH
Sean	Doyle	M	SEN	UNATT
Max	Costley	M	SEN	SOTON
Andrew	Leach	M	V50	NHERT
Alex	Walker	M	SEN	VOA
Aaron	Burgess	M	V35	OXFC
Alex	Cameron	M	SEN	DARTF
Finn	Johnson	M	SEN	HW
Andy	Salmon	M	SEN	BRIW
Charlie	Jones	M	SEN	CHECH
Matthew	Stevens	M	V35	
Sparrow	Morley	M	SEN	TYNEB
Piet	Wiersma	M	SEN	UNATT
Cedric	Schramm	M	V40	SERP
Harvey	Speed	M	SEN	COVG
Alex	Lee	M	V35	CHECH
Russ	Mullen	M	SEN	HAYHH
Piers	Arnold	M	SEN	CNORW
Paul	Mizon	M	SEN	MMK
Andrea	Fraquelli	M	SEN	SERP
Adam	Stacey	M	V35	UNATT

Pos	Bib	First Name	Last Name	Team	time	Lane
18	373	Alex	Walker	VOA	33:13.68	30
19	376	Aaron	Burgess	OXFC	33:25.40	33
20	364	Alex	Cameron	DARTF	33:51.06	21
21	352	Finn	Johnson	HW	33:51.29	10
22	355	Andy	Salmon	BRIW	33:56.19	13
23	353	Charlie	Jones	CHECH	34:08.61	11
24	372	Matthew	Stevens		34:10.35	29
25	346	Sparrow	Morley	TYNEB	34:23.48	4
26	343	Piet	Wiersma	UNATT	34:35.58	1
27	362	Cedric	Schramm	SERP	34:35.76	19
28	377	Harvey	Speed	COVG	34:56.66	34
	345	Alex	Lee	CHECH	DNF	3
	354	Russ	Mullen	HAYHH	DNF	12
	356	Piers	Arnold	CNORW	DNF	14
	359	Paul	Mizon	MMK	DNF	17
	361	Andrea	Fraquelli	SERP	DNF	18
	363	Adam	Stacey	UNATT	DNF	20

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	347	Chris	Law	HOLMF	32:00.15	5
2	375	Allan	Stewart	CHIL	32:04.68	32
3	374	Jonathan	Carter	TIPTH	32:06.01	31
4	350	Sullivan	Smith	CAMCO	32:06.62	8
5	344	Chris	Darling	CAMCO	32:17.23	2
6	357	Shaun	Smith	KHULL	32:27.25	15
7	351	Mathieu	Cros	UNATT	32:27.30	9
8	368	Mark	Vardy	NEWB	32:32.33	25
9	349	Andrew	Savery	LEAM	32:32.45	7
10	367	Matt	Welsh	BEL	32:33.34	24
11	366	Jonathan	Weichbrodt	UNATT	32:34.76	23
12	358	Richard	Hope	VPTH	32:44.36	16
13	371	Tom	Mahon	WREAK	32:56.44	28
14	370	Marcus	England	CHECH	32:58.31	27
15	365	Sean	Doyle	UNATT	33:00.16	22
16	369	Max	Costley	SOTON	33:02.28	26
17	348	Andrew	Leach	NHERT	33:08.58	6

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Damian	Nevins	M	V35	HARR
Alexander	Lepretre	M	SEN	BARN
Ben	Savill	M	SEN	CRO
Grant	Twist	M	SEN	HAVAC
Sebastian	Nilsson	M	SEN	UNATT
Belal	Ahmed	M	SEN	HW
Neil	Renault	M	SEN	EDIN
Piers	Arnold	M	SEN	CNORW
Caoimhín	Kelly	M	SEN	UNATT
Mark	Long	M	SEN	MORP
Jim	Allchin	M	SEN	THH
Dan	Owen	M	SEN	CHECH
Andrius	Jaksevicius	M	V35	BEL
Nick	Hardy	M	SEN	TIPTH
Xavier	Gruot	M	SEN	SERP
Harry	Allen	M	SEN	BRIW
Daniel	Kashi	M	SEN	SALEH
Kristian	Nedregård	M	V40	UNATT
Mark	Couldwell	M	V40	CHARN
Tom	Griffiths	M	SEN	GG
Glen	Watts	M	SEN	SBH
Joseph	Turner	M	SEN	CAMCO
Mike	Burrett	M	V40	LEEDS
Daniel	Gaffney	M	V35	SLH
Ross	Braden	M	SEN	BB
Ben	Heron	M	SEN	PETAC
George	King	M	SEN	WINCD
Phil	Burden	M	V40	TAUNT
Sam	Lloyd-Perks	M	SEN	CARD
Philip	Sewell	M	SEN	AFD
Jack	Boswell	M	SEN	AFD
Martin	Alvarez-Espinar	M	V35	THH
Philip	Robertson	M	SEN	SALEH
Kevin	Guerin	M	SEN	UNATT
Peter	Hawkings	M	SEN	HIGH

Pos	Bib	First Name	Last Name	Team	time	Lane
17	317	Daniel	Kashi	SALEH	32:21.93	10
18	339	Kristian	Nedregård	UNATT	32:23.88	31
19	331	Mark	Couldwell	CHARN	32:24.29	24
20	333	Tom	Griffiths	GG	32:29.76	25
21	311	Glen	Watts	SBH	32:35.39	5
22	328	Joseph	Turner	CAMCO	32:53.28	21
23	324	Mike	Burrett	LEEDS	32:56.93	17
24	335	Daniel	Gaffney	SLH	32:58.93	27
25	330	Ross	Braden	BB	33:08.96	23
26	337	Ben	Heron	PETAC	33:13.96	29
27	334	George	King	WINCD	33:18.75	26
28	323	Phil	Burden	TAUNT	33:21.16	16
29	341	Sam	Lloyd-Perks	CARD	33:33.20	33
30	327	Philip	Sewell	AFD	33:43.13	20
31	293	Jack	Boswell	AFD	34:23.58	
	316	Martin	Alvarez-Espinar	THH	DNF	9
	320	Philip	Robertson	SALEH	DNF	13
	336	Kevin	Guerin	UNATT	DNF	28
	338	Peter	Hawkings	HIGH	DNF	30

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	309	Damian	Nevins	HARR	31:03.23	3
2	308	Alexander	Lepretre	BARN	31:09.86	2
3	313	Ben	Savill	CRO	31:26.25	7
4	315	Grant	Twist	HAVAC	31:29.38	8
5	310	Sebastian	Nilsson	UNATT	31:31.81	4
6	307	Belal	Ahmed	HW	31:37.57	1
7	319	Neil	Renault	EDIN	31:49.00	12
8	356	Piers	Arnold	CNORW	31:54.16	
9	321	Caoimhin	Kelly	UNATT	31:56.30	14
10	318	Mark	Long	MORP	32:00.54	11
11	322	Jim	Allchin	THH	32:08.12	15
12	312	Dan	Owen	CHECH	32:11.59	6
13	340	Andrius	Jaksevicius	BEL	32:12.27	32
14	325	Nick	Hardy	TIPTH	32:12.81	18
15	326	Xavier	Gruot	SERP	32:13.69	19
16	329	Harry	Allen	BRIW	32:15.49	22

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Bethanie	Murray	F	SEN	THH
Hannah	Oldroyd	F		SALT
Chloe	Richardson	F	SEN	BIRCH
Sarah	Lowery	F	V35	ROTHER
Molly	Browne	F	SEN	BRAT
Michelle	Sandison	F	V35	SPRBH
Emma	Burgess	F	SEN	HIGH
Hannah	Brown	F	SEN	SALEH
Leila	Armoush	F	SEN	LEEDS
Kelly	Thorneycroft	F	SEN	LONH
Nicola	Squires	F	SEN	HALLH
Sarah	Johnson	F	SEN	TVH
Hannah	Howard	F	SEN	ELEIG
Karen	Shimmin	F	SEN	MANXH
Jacqueline	Penn	F	SEN	USHEF
Alaw	Beynon-Thomas	F	SEN	SWAN
Annabel	Simpson	F	SEN	GUNIH

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	395	Bethanie	Murray	THH	35:18.71	3
2	398	Hannah	Oldroyd	SALT	35:42.01	
3	407	Chloe	Richardson	BIRCH	36:02.57	13
4	393	Sarah	Lowery	ROTHER	36:37.21	1
5	396	Molly	Browne	BRAT	36:43.74	4
6	399	Michelle	Sandison	SPRBH	36:45.09	6
7	413	Emma	Burgess	HIGH	37:36.59	16
8	403	Hannah	Brown	SALEH	37:50.78	10
9	401	Leila	Armoush	LEEDS	39:18.40	8
10	405	Kelly	Thorneycroft	LONH	39:29.36	12
	394	Nicola	Squires	HALLH	DNF	2
	397	Sarah	Johnson	TVH	DNF	5
	400	Hannah	Howard	ELEIG	DNF	7
	402	Karen	Shimmin	MANXH	DNF	9
	404	Jacqueline	Penn	USHEF	DNF	11
	408	Alaw	Beynon-Thomas	SWAN	DNF	14
	410	Annabel	Simpson	GUNIH	DNF	15

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Joe	Morwood	M	SEN	AFD
David	Long	M	SEN	BOURN
Fredrik	Uhrbom	M	V40	UNATT
Jonathan	Cornish	M	SEN	HW
Paul	Navesey	M	SEN	CRAW
Chris	Greenwood	M	V40	KEN
Evan	Byrne	M	SEN	UNATT
Andrew	Greenleaf	M	V35	SERP
Scott	Rankin	M	SEN	FOYLE
Emmett	Dunleavy	M	V35	UNATT
Fergal	Smithwick	M	SEN	HIGH
Ryan	Burling	M	SEN	GUERN
Joe	Smith	M	SEN	TIPTH
Chris	Oddy	M	SEN	SERP
Benjamin	Toomer	M	SEN	HW
James	Turner	M	SEN	BRIHC
Mark	Jenkin	M	V35	BIDDEF
Danny	Russell	M	SEN	HIGH
Daniel	Robinson	M	V35	BRAT
Alexander	Bampton	M	SEN	CHECH
Kevin	Moore	M	SEN	BRIHC
Alex	Robinson	M	SEN	HW
Tom	Martyn	M	SEN	HBT
Tom	Higgs	M	SEN	SLH
Chris	Wright	M	SEN	SERP
Frederick	Slemeck	M	SEN	HW
Alex	Milne	M	SEN	ENFH
Patrick	McNiff	M	U20	NEWCD
Alexander	Nilsson	M	SEN	UNATT
Dave	Ragan	M	V35	BASMH
Michael	Power	M	U20	UNATT
Lewis	Jagger	M	SEN	CSHEF
Chris	Rainsford	M	SEN	HIGH
Paul	Whittaker	M	SEN	RRC
Alex	Dunbar	M	SEN	CNORW
Tommi	Hytonen	M	SEN	UNATT
Jack	Boswell	M	SEN	AFD
Peter	Brookes	M	SEN	TIPTH
Alan	Corlett	M	SEN	MANXH
Tony	Payne	M	SEN	SERP

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	269	Joe	Morwood	AFD	30:28.88	3
2	297	David	Long	BOURN	30:54.38	31
3	266	Fredrik	Uhrbom	UNATT	30:56.47	1
4	280	Jonathan	Cornish	HW	30:56.86	14
5	287	Paul	Navesey	CRAW	30:57.81	21
6	284	Chris	Greenwood	KEN	30:58.95	18
7	302	Evan	Byrne	UNATT	31:00.01	36
8	279	Andrew	Greenleaf	SERP	31:00.04	13
9	277	Scott	Rankin	FOYLE	31:02.04	11
10	275	Emmett	Dunleavy	UNATT	31:08.98	9
11	301	Fergal	Smithwick	HIGH	31:20.89	35

Pos	Bib	First Name	Last Name	Team	time	Lane
12	273	Ryan	Burling	GUERN	31:23.95	7
13	283	Joe	Smith	TIPTH	31:24.83	17
14	290	Chris	Oddy	SERP	31:28.92	24
15	306	Benjamin	Toomer	HW	31:30.42	40
16	305	James	Turner	BRIHC	31:30.45	39
17	296	Mark	Jenkin	BIDDEF	31:31.45	30
18	289	Danny	Russell	HIGH	31:41.17	23
19	304	Daniel	Robinson	BRAT	31:44.79	38
20	272	Alexander	Bampton	CHECH	31:46.25	6
21	303	Kevin	Moore	BRIHC	31:48.84	37
22	282	Alex	Robinson	HW	31:50.16	16
23	285	Tom	Martyn	HBT	31:52.29	19
24	288	Tom	Higgs	SLH	31:57.37	22
25	278	Chris	Wright	SERP	32:12.53	12
26	300	Frederick	Slemeck	HW	32:16.61	34
27	298	Alex	Milne	ENFH	32:17.22	32
28	286	Patrick	McNiff	NEWCD	32:18.91	20
29	276	Alexander	Nilsson	UNATT	32:30.63	10
30	292	Dave	Ragan	BASMH	32:40.60	26
31	281	Michael	Power	UNATT	32:58.62	15
	268	Lewis	Jagger	CSHEF	DNF	2
	270	Chris	Rainsford	HIGH	DNF	4
	271	Paul	Whittaker	RRC	DNF	5
	274	Alex	Dunbar	CNORW	DNF	8
	291	Tommi	Hytonen	UNATT	DNF	25
	293	Jack	Boswell	AFD	DNF	27
	294	Peter	Brookes	TIPTH	DNF	28
	295	Alan	Corlett	MANXH	DNF	29
	299	Tony	Payne	SERP	DNF	33

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Alastair	Watson	M	V40	NOTTS
Oliver	Fox	M	SEN	WELLS
Jonathan	Poole	M	V35	SERP
Nigel	Martin	M	SEN	SALEH
Kojo	Kyereme	M	V40	SBH
James	Straw	M	SEN	LINCW
Jay	Ferns	M	SEN	TRAFF
Dan	Nash	M	SEN	CARD
Francesco	Puppi	M	SEN	UNATT
Will	Mackay	M	SEN	BEDC
Ian	Kimpton	M	SEN	LUTON
Paul	Martelletti	M	V35	VPTH
Luke	Prior	M	SEN	AFD
James	Douglas	M	SEN	BORDH
William	Christofi	M	SEN	BRIW
Ben	Cole	M	SEN	TONB
John	Eves	M	V35	BEDC
James	Westlake	M	SEN	CRAW
Tim	Bolink	M	SEN	UNATT
Shaun	Dixon	M	V35	HIGH
Steven	Bayton	M	SEN	HALLH
Tom	Hendrikse	M	SEN	UNATT
Danny	Hallam	M	SEN	WREAK
Chris	Smith	M	V40	TVH
Colin	Maher	M	SEN	BFIN
Luuk	Maas	M	U20	UNATT
James	Donald	M	SEN	DUNDH
Eoghan	Totten	M	SEN	OUCCC
Andreas	Jansson	M	SEN	UNATT
Jack	Gray	M	SEN	CAMCO
Matthew	Sharp	M	SEN	TSPY
Jake	Smith	M	SEN	UCARM
Brian	Maher	M	V40	KILK
Ross	Skelton	M	SEN	BRIPH
Aaron	Scott	M	SEN	LINCW
Ben	Johnson	M	SEN	RUNFT
Maikel	Peeman	M	U20	UNATT
Matthew	Crehan	M	SEN	STHEL
Thomas	Hayes	M	SEN	KILK

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	232	Alastair	Watson	NOTTS	29:56.83	7
2	243	Oliver	Fox	WELLS	30:16.60	18
3	264	Jonathan	Poole	SERP	30:17.24	38
4	246	Nigel	Martin	SALEH	30:17.69	21
5	245	Kojo	Kyereme	SBH	30:22.11	20
6	238	James	Straw	LINCW	30:23.33	13
7	262	Jay	Ferns	TRAFF	30:23.53	36
8	247	Dan	Nash	CARD	30:24.79	22
9	253	Francesco	Puppi	UNATT	30:29.40	28
10	248	Will	Mackay	BEDC	30:32.43	23
11	226	Ian	Kimpton	LUTON	30:34.08	2
12	229	Paul	Martelletti	VPTH	30:36.87	4

Pos	Bib	First Name	Last Name	Team	time	Lane
13	249	Luke	Prior	AFD	30:37.95	24
14	242	James	Douglas	BORDH	30:38.56	17
15	233	William	Christofi	BRIW	30:39.38	8
16	235	Ben	Cole	TONB	30:50.05	10
17	261	John	Eves	BEDC	30:58.21	35
18	259	James	Westlake	CRAW	31:01.63	33
19	241	Tim	Bolink	UNATT	31:07.89	16
20	254	Shaun	Dixon	HIGH	31:13.23	29
21	234	Steven	Bayton	HALLH	31:20.54	9
22	251	Tom	Hendrikse	UNATT	31:26.73	26
23	250	Danny	Hallam	WREAK	31:29.08	25
24	265	Chris	Smith	TVH	31:43.83	39
25	256	Colin	Maher	BFIN	31:46.11	31
26	255	Luuk	Maas	UNATT	31:53.57	30
27	236	James	Donald	DUNDH	32:18.72	11
28	257	Eoghan	Totten	OUCCC	33:46.36	32
	225	Andreas	Jansson	UNATT	DNF	1
	228	Jack	Gray	CAMCO	DNF	3
	230	Matthew	Sharp	TSPY	DNF	5
	231	Jake	Smith	UCARM	DNF	6
	237	Brian	Maher	KILK	DNF	12
	239	Ross	Skelton	BRIPH	DNF	14
	240	Aaron	Scott	LINCW	DNF	15
	244	Ben	Johnson	RUNFT	DNF	19
	252	Maikel	Peeman	UNATT	DNF	27
	260	Matthew	Crehan	STHEL	DNF	34
	263	Thomas	Hayes	KILK	DNF	37
	999				DNF	

MILE event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Nic	Errol	F		JOURN
Nick	Pearson	M		PKRUN
James	Poole	M		STRAV
James	Fleet	M		MTALK
Emma	Navesy	F		STRAV
Kieran	Alger	M		JOURN
David	Morrell	M		MTALK
Paul	Sinton-Hewitt	M		PKRUN
Kate	Carter	F		GUARD
Sarah	Dudgeon	F		STRAV
Sean	Ingle	M		GUARD
Kelly	Butler	F		JOURN
DAnny	Wells	M		MTALK
Lucy	Golding	M		PKRUN
Francesca	Menato	F		WHLTH
Sophie	Raworth	F		BBC
Michael	Sawh	M		WEARA
James	Holt	M		STRAV
Susan	McIntyre	F		PKRUN
Tina	Chantrey	F		WORUN
Danny	Bent	M		JOURN

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	500				4:53.72	
2	521	Nic	Errol	JOURN	4:59.28	21
3	502	Nick	Pearson	PKRUN	5:04.01	2
4	504	James	Poole	STRAV	5:19.26	4
5	512	James	Fleet	MTALK	5:25.29	12
6	517	Emma	Navesy	STRAV	5:25.68	17
7	511	Kieran	Alger	JOURN	5:26.65	11
8	513	David	Morrell	MTALK	5:28.36	13
9	501	Paul	Sinton-Hewitt	PKRUN	5:29.03	1
10	505	Kate	Carter	GUARD	5:46.13	5
11	507	Sarah	Dudgeon	STRAV	5:49.49	7
12	509	Sean	Ingle	GUARD	5:55.64	9
13	519	Kelly	Butler	JOURN	6:04.28	19
14	518	DAnny	Wells	MTALK	6:15.15	18
15	515	Lucy	Golding	PKRUN	6:20.10	15
	503	Francesca	Menato	WHLTH	DNF	3
	506	Sophie	Raworth	BBC	DNF	6
	508	Michael	Sawh	WEARA	DNF	8
	510	James	Holt	STRAV	DNF	10
	514	Susan	McIntyre	PKRUN	DNF	14
	516	Tina	Chantrey	WORUN	DNF	16
	520	Danny	Bent	JOURN	DNF	20

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Roxana	Barca	F	SEN	ROU
Viktoriya	Kalyuzhna	F	SEN	UKR
Valeriya	Zinenko	F	SEN	UKR
Giovanna	Epis	F	SEN	ITA
Cristina	Simion	F	SEN	ROU
Shona	Heaslip	F	SEN	IRL
Nataliya	Lehonkova	F	V35	UKR
Moira	Stewartová	F	SEN	CZE
Fionnuala	Ross	F	SEN	IRL
Nicole	Taylor	F	SEN	TONB
Lucy	Reid	F	SEN	TONB
Tamara	Armoush	F	SEN	BIRCH
Martina	Tresch	F	SEN	SUI
Nicole	Reina	F	SEN	ITA
Anastasia	Karakatsáni	F	SEN	GRE
Andreea Alina	Piscu	F	SEN	ROU
Maor	Tiyouri	F	SEN	ISR
Charlotte	Christensen	F	SEN	CAMCO
Lucy	Crookes	F	SEN	LEEDS
Elena	García	F	SEN	ESP
Sara	Brogiato	F	SEN	ITA
Maria Sagnes	Wágan	F	SEN	NOR
Rosie	Edwards	F	SEN	ROTHER
Cecilia	Norrbom	F	SEN	UNATT
Loreta	Kancyte	F	SEN	LTU
Runa Skrove	Falch	F	SEN	NOR
Sarah	Astin	F	SEN	CNORW
Eva	Cherono	F		PACE
Iona	Lake	F		PACE

Pos	Bib	First Name	Last Name	Team	time	Lane
23	389	Rosie	Edwards	ROTHER	36:00.66	8
24	391	Cecilia	Norrbom	UNATT	36:02.93	14
25	82	Loreta	Kancyte	LTU	36:16.97	16
	84	Runa Skrove	Falch	NOR	DNF	20
	390	Sarah	Astin	CNORW	DNF	26
	605	Eva	Cherono	PACE	DNF	28
	606	Iona	Lake	PACE	DNF	29

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	89	Roxana	Barca	ROU	32:30.97	18
2	95	Viktoriya	Kalyuzhna	UKR	33:10.66	25
3	96	Valeriya	Zinenko	UKR	33:12.30	13
4	81	Giovanna	Epis	ITA	33:14.71	21
5	90	Cristina	Simion	ROU	33:20.97	3
6	75	Shona	Heaslip	IRL	33:24.00	27
7	97	Nataliya	Lehonkova	UKR	33:31.78	7
8	52	Moira	Stewartová	CZE	33:41.17	9
9	76	Fionnuala	Ross	IRL	33:49.92	15
10	392	Nicole	Taylor	TONB	33:53.34	5
11	406	Lucy	Reid	TONB	33:58.73	1
12	386	Tamara	Armoush	BIRCH	34:00.81	10
13	92	Martina	Tresch	SUI	34:07.04	24
14	79	Nicole	Reina	ITA	34:09.14	2
15	71	Anastasia	Karakatsáni	GRE	34:10.95	19
16	91	Andreea Alina	Piscu	ROU	34:12.80	17
17	77	Maor	Tiyouri	ISR	34:13.67	22
18	387	Charlotte	Christensen	CAMCO	34:22.33	11
19	388	Lucy	Crookes	LEEDS	34:29.68	12
20	54	Elena	García	ESP	34:47.49	23
21	80	Sara	Brogiato	ITA	35:19.33	6
22	85	Maria Sagnes	Wágan	NOR	35:19.86	4

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Lorenzo	Dini	M	SEN	ITA
Andreas	Vojta	M	SEN	AUT
Vasyl	Koval	M	SEN	UKR
Kieran	Clements	M	SEN	SBH
Felix	Bour	M	SEN	UNATT
Dmytro	Siruk	M	SEN	UKR
Richard	Allen	M	SEN	AFD
Jakub	Zemaník	M	SEN	CZE
Steven	Casteele	M	SEN	BEL
Daniel	Studley	M	SEN	BRIW
Stephan	Listabarth	M	SEN	UNATT
Serhiy	Shevchenko	M	SEN	UKR
Abderrazak	Charik	M	SEN	UNATT
Jarkko	Järvenpää	M	SEN	UNATT
Mohamed	Serghini	M	SEN	FRA
Joeri	Wolf	M	SEN	UNATT
Ivan	Strebkov	M	SEN	UKR
Yann	Schrub	M	SEN	FRA
Mick	Clohisey	M	SEN	IRL
Dominic	Shaw	M	SEN	NMH
Sullivan	Brunet	M	SEN	SUI
Hugh	Armstrong	M	SEN	IRL
Antonio	Silva	M	SEN	TVH
Logan	Rees	M	SEN	FIFE
Yeóryios-Mihaíl	Tássis	M	SEN	GRE
Christian	Kreienbühl	M	V35	SUI
Patrik	Wägeli	M	SEN	SUI
Sergiu	Ciobanu	M	SEN	IRL
Stoian	Vladkov	M	SEN	BUL
Olle	Walleräng	M	SEN	SWE
Gabriel	Steffensen	M	SEN	UNATT
Robin	Ryynänen	M	SEN	UNATT
Yoseph-Fabien	Goasdoue	M	SEN	UNATT
Ricardo	Dias	M	SEN	POR
Alberto	Sanchez	M	SEN	UNATT
Abel	Tsegay	M	SEN	INVEK
Daniel	Studley	M		PACE
Malcolm	Hicks	M		PACE

Pos	Bib	First Name	Last Name	Team	time	Lane
14	215	Jarkko	Järvenpää	UNATT	29:29.30	33
15	21	Mohamed	Serghini	FRA	29:30.10	27
16	221	Joeri	Wolf	UNATT	29:34.16	19
17	48	Ivan	Strebkov	UKR	29:34.97	22
18	23	Yann	Schrub	FRA	29:35.23	30
19	26	Mick	Clohisey	IRL	29:36.42	26
20	224	Dominic	Shaw	NMH	29:39.04	15
21	40	Sullivan	Brunet	SUI	29:39.65	18
22	29	Hugh	Armstrong	IRL	29:49.51	31
23	217	Antonio	Silva	TVH	29:51.07	34
24	220	Logan	Rees	FIFE	29:55.26	12
25	25	Yeóryios-Mihaíl	Tássis	GRE	30:00.64	9
26	41	Christian	Kreienbühl	SUI	30:08.29	17
27	39	Patrik	Wägeli	SUI	30:13.94	3
28	28	Sergiu	Ciobanu	IRL	30:15.95	8
29	10	Stoian	Vladkov	BUL	30:42.34	2
	44	Olle	Walleräng	SWE	DNF	10
	223	Gabriel	Steffensen	UNATT	DNF	11
	216	Robin	Ryynänen	UNATT	DNF	13
	213	Yoseph-Fabien	Goasdoue	UNATT	DNF	21
	37	Ricardo	Dias	POR	DNF	23
	212	Alberto	Sanchez	UNATT	DNF	25
	210	Abel	Tsegay	INVEK	DNF	35
	602	Daniel	Studley	PACE	DNF	37
	603	Malcolm	Hicks	PACE	DNF	38

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	34	Lorenzo	Dini	ITA	28:30.01	28
2	7	Andreas	Vojta	AUT	28:33.99	5
3	47	Vasyl	Koval	UKR	28:35.44	24
4	227	Kieran	Clements	SBH	28:37.12	1
5	211	Felix	Bour	UNATT	28:37.61	32
6	46	Dmytro	Siruk	UKR	28:38.07	36
7	219	Richard	Allen	AFD	28:54.95	7
8	11	Jakub	Zemaník	CZE	29:10.43	6
9	9	Steven	Casteele	BEL	29:12.01	29
10	218	Daniel	Studley	BRIW	29:15.41	16
11	222	Stephan	Listabarth	UNATT	29:22.62	14
12	49	Serhiy	Shevchenko	UKR	29:27.11	4
13	214	Abderrazak	Charik	UNATT	29:27.60	20

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Chemtai Lonah	Salpeter	F	SEN	ISR
Ancuta	Bobocel	F	SEN	ROU
Charlotte	Arter	F	SEN	GBR
Katarzyna	Rutkowska	F	SEN	POL
Philippa	Bowden	F	SEN	AFD
Sophie	Duarte	F	V35	FRA
Louise	Small	F	SEN	GBR
Stevie	Stockton	F	SEN	LEEDS
Katrina	Wootton	F	SEN	COVG
Jenny	Nesbitt	F	SEN	GBR
Emelia	Gorecka	F	SEN	AFD
Miriam	Datke	F	SEN	GER
Natalie	Tanner	F	SEN	GER
Maitane	Melero	F	V35	ESP
Claire	Duck	F	SEN	GBR
Emma	Mitchell	F	SEN	IRL
Yuliya	Shmatenko	F	SEN	UKR
Sabrina	Mockenhaupt	F	V35	GER
Tania	Carretero	F	SEN	ESP
Kate	Avery	F	SEN	SHILD
Krisztina	Papp	F	V35	HUN
Nuria	Lugueros	F	SEN	ESP
Charlotta	Fougberg	F	SEN	SWE
Jip	Vastenburg	F	SEN	NED
Cátia	Santos	F	SEN	POR
Mhairi	Maclennan	F	SEN	UEDIN
Eleanor	Davis	F	SEN	BRIW
Faye	Fullerton	F	SEN	GBR
AnnMarie	McGlynn	F	V35	IRL
Ana	Lozano	F	SEN	ESP
Ashley	Gibson	F	SEN	TONB
Dani	Nimmock	F	SEN	CNORW
María José	Pérez	F	SEN	ESP
Samira	Mezegrane	F	V35	FRA
Anne-Mari	Hyryläinen	F	V35	FIN
Margaret	Chelimo	F		PACE

Pos	Bib	First Name	Last Name	Team	time	Lane
16	73	Emma	Mitchell	IRL	32:55.26	22
17	99	Yuliya	Shmatenko	UKR	32:57.31	14
18	69	Sabrina	Mockenhaupt	GER	33:00.95	32
19	53	Tania	Carretero	ESP	33:04.43	7
20	379	Kate	Avery	SHILD	33:05.24	29
21	72	Krisztina	Papp	HUN	33:05.80	27
22	56	Nuria	Lugueros	ESP	33:08.03	20
23	94	Charlotta	Fougberg	SWE	33:13.44	2
24	83	Jip	Vastenburg	NED	33:14.97	31
25	87	Cátia	Santos	POR	33:21.98	6
26	383	Mhairi	Maclennan	UEDIN	33:28.61	3
27	382	Eleanor	Davis	BRIW	33:33.20	1
28	67	Faye	Fullerton	GBR	33:47.70	18
29	74	AnnMarie	McGlynn	IRL	33:53.29	12
30	55	Ana	Lozano	ESP	33:55.94	33
31	384	Ashley	Gibson	TONB	34:08.53	11
32	385	Dani	Nimmock	CNORW	34:47.32	35
	58	María José	Pérez	ESP	DNF	8
	61	Samira	Mezegrane	FRA	DNF	9
	59	Anne-Mari	Hyryläinen	FIN	DNF	10
	62				DNF	34
	604	Margaret	Chelimo	PACE	DNF	36

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	78	Chemtai Lonah	Salpeter	ISR	31:33.03	30
2	88	Ancuta	Bobocel	ROU	31:43.12	26
3	63	Charlotte	Arter	GBR	32:15.71	23
4	86	Katarzyna	Rutkowska	POL	32:31.40	15
5	380	Philippa	Bowden	AFD	32:33.10	5
6	60	Sophie	Duarte	FRA	32:34.07	24
7	65	Louise	Small	GBR	32:34.73	19
8	381	Stevie	Stockton	LEEDS	32:35.26	4
9	207	Katrina	Wootton	COVG	32:37.80	28
10	64	Jenny	Nesbitt	GBR	32:38.45	17
11	267	Emelia	Gorecka	AFD	32:39.37	
12	68	Miriam	Datke	GER	32:40.58	16
13	70	Natalie	Tanner	GER	32:44.52	25
14	57	Maitane	Melero	ESP	32:50.30	13
15	66	Claire	Duck	GBR	32:52.85	21

10000 event start list

First Name	Last Name	Gender	AgeGroup	Team Id
Richard	Ringer	M	SEN	GER
Morad	Amdouni	M	SEN	FRA
Yemaneberhan	Crippa	M	SEN	ITA
Adel	Mechaal	M	SEN	ESP
Alexander	Yee	M	SEN	GBR
Andy	Vernon	M	SEN	AFD
Chris	Thompson	M		AFD
Florian	Carvalho	M	SEN	FRA
Girmaw	Amare	M	SEN	ISR
Antonio	Abadia	M	SEN	ESP
Nicolae Alexandru	Soare	M	SEN	ROU
Fernando	Carro	M	SEN	ESP
Ben	Connor	M	SEN	GBR
Napoleon	Solomon	M	SEN	SWE
Juan	Pérez	M	SEN	ESP
Mohamud	Aadan	M	SEN	GBR
Yago	Rojo	M	SEN	ESP
Ellis	Cross	M	SEN	AFD
Arttu	Vattulainen	M	SEN	FIN
Tiidrek	Nurme	M	SEN	EST
Mykola	Nyzhnyk	M	SEN	UKR
Matthew	Leach	M	SEN	BEDC
Tadesse	Getahon	M	SEN	ISR
Graham	Rush	M	V35	CHECH
Ollie	Lockley	M	SEN	MANXH
Mohamed	Jelloul	M	SEN	ESP
Luke	Caldwell	M	SEN	DMV
Luke	Traynor	M	SEN	GBR
Tomasz	Grycko	M	SEN	POL
Jean-Pierre	Weerts	M	SEN	BEL
Haimro	Alame	M	SEN	ISR
Sam	Stabler	M	SEN	GBR
Lachlan	Oates	M	SEN	SHETT
Cornelius	Kangogo	M		PACE
David	Bett	M		PACE

- Heat 1 - Finish list

Pos	Bib	First Name	Last Name	Team	time	Lane
1	24	Richard	Ringer	GER	27:36.52	17
2	20	Morad	Amdouni	FRA	27:36.80	15
3	33	Yemaneberhan	Crippa	ITA	27:44.21	21
4	15	Adel	Mechaal	ESP	27:50.56	10
5	1	Alexander	Yee	GBR	27:51.94	1
6	201	Andy	Vernon	AFD	27:52.32	26
7	202	Chris	Thompson	AFD	27:52.56	
8	22	Florian	Carvalho	FRA	28:06.78	16
9	30	Girmaw	Amare	ISR	28:15.41	18
10	12	Antonio	Abadia	ESP	28:20.45	7
11	38	Nicolae Alexandru	Soare	ROU	28:25.38	23
12	13	Fernando	Carro	ESP	28:29.65	8
13	5	Ben	Connor	GBR	28:31.59	5
14	43	Napoleon	Solomon	SWE	28:33.33	24
15	17	Juan	Pérez	ESP	28:35.59	12
16	4	Mohamud	Aadan	GBR	28:39.79	4

Pos	Bib	First Name	Last Name	Team	time	Lane
17	16	Yago	Rojo	ESP	28:46.37	11
18	204	Ellis	Cross	AFD	28:47.51	28
19	19	Arttu	Vattulainen	FIN	28:48.43	14
20	18	Tiidrek	Nurme	EST	29:05.49	13
21	50	Mykola	Nyzhnyk	UKR	29:09.55	25
22	205	Matthew	Leach	BEDC	29:11.35	29
23	32	Tadesse	Getahon	ISR	29:12.17	20
24	206	Graham	Rush	CHECH	29:13.28	30
25	208	Ollie	Lockley	MANXH	29:15.45	31
26	14	Mohamed	Jelloul	ESP	29:16.27	9
27	203	Luke	Caldwell	DMV	29:18.17	27
28	2	Luke	Traynor	GBR	29:20.32	2
29	36	Tomasz	Grycko	POL	29:24.84	22
30	8	Jean-Pierre	Weerts	BEL	29:44.14	6
31	31	Haimro	Alame	ISR	29:59.15	19
32	3	Sam	Stabler	GBR	31:16.81	3
	209	Lachlan	Oates	SHETT	DNF	32
	600	Cornelius	Kangogo	PACE	DNF	33
	601	David	Bett	PACE	DNF	34